### **OCTOBER-NOVEMBER 2018**

# THE TRIUMPHANT

107 Clinton St. Schenectady, NY 12305(office)518.393.0742 (fax)518.393.4093Office Hours: M-TH 9-2www. saintgeorgegoc.com



LOUKOUMATHES Yes, Please!



SOUVLAKI BOOTH Two of each, my good man!



WARM SMILES Welcoming our guests with love and hospitality!

# PARISH COUNCIL AND MINISTRIES

Rev. Fr. Demetrios Sean Govostes- Parish Priest

Evan Euripodou- PC President

Toni Kananis- PC Vice President

Alexandra Casey- PC Treasurer

Brian Goodale- PC Secretary

Dimitri Koutsopoulos- PC

Maria Dotsis- PC

Olga Delorey- Choir Director, Philoptochos President

Eliana Georgelos/Paul Pagiotas- Fellowship Group Presidents

Lucy Goodale/Paula Kingra/Anna and Scott Morlock- Youth Advisors

Evan Euripodou- Greek Dancing

Fr. Sean- Bible Study/Orthodoxy Class, Sunday School Coordinator

## FROM FR. SEAN

Thanks to the hard work of everyone who participated, we had a very successful Festival this year. The efforts put forth by so many highlight the love that is felt for God and our parish. The work is difficult. It is tiring. But despite this, we, as a community, come together with pride in our heritage and a desire to share this with the community at large. Words cannot describe how grateful I am to all of you.

With Love in Christ,

Tr: Sean



### Gerasimus of Cephalonia

# October 20

Saint Gerasimus was from the Peloponnesus, the son of Demetrius and Kale, of the family of Notaras. He was reared in piety by them and studied the Sacred writings. He left his country and went throughout various lands, and finally came to Cephalonia, where he restored a certain old church and built a convent around it, where it stands to this day at the place called Omala. He finished the course of his life there in asceticism in the year 1570. His sacred relics, which remain incorrupt, are kept there for the sanctification of the faithful.



## **GREETINGS FROM THE FELLOWSHIP GROUP!**

The heat and humidity of summer is but a distant memory and fall is now upon us! Leaves are falling from the trees and turning from green to the glorious red, orange and gold colors of autumn. Our students have started the school year, whether in elementary, middle or high school. And many are entering college or continuing their college and/or post collegiate educations. Teachers are also back into the classroom



and working on lesson plans for their students. Once again, studies are at the forefront of our children's lives as they learn and prepare for their futures. Most of us in the Fellowship group have already sent our children and even grandchildren out into the world, but our memories of those times are still vivid. We wish all the young people of our St. George community all the best in their school year.

September was an especially busy month for our parish as so many of us were involved in the preparations for our 43<sup>rd</sup> annual Greek Festival. We all worked tirelessly to make this festival a huge success. And it was! God granted us a beautiful weekend and we enjoyed an enormous turnout from the greater Capital District. People came from far and wide to enjoy our delicious food, beautiful music, and lively Greek dances by our young people, who wore costumes representing various areas of Greece. We brought our Greek culture and Orthodox faith to the forefront that weekend. Thank you so much to each and every one of you who helped to make this festival such a great success. Those of you who gave of your time and energy in the weeks prior to, during and even after the festival, are to be commended for your efforts. We also thank our sister parishes of St. Sophia and St. Basil as well as our many non-orthodox friends who came to help and support us.



The month of October finds the Fellowship group traveling to Lake George to attend the Lake George Dinner Theater for their matinee performance of the comedy entitled "The Long Weekend." We will carpool there and enjoy lunch prior to the show. Membership in the Fellowship group is not a requirement for attending, so we invite all our friends from the St. George community to join us. The cost of a ticket is \$54.42 per person and includes a delicious full-course lunch, taxes, gratuities and the show.

This delightful theater, located at the Holiday Inn Resort Hotel, holds the unique distinction of being the most intimate professional dinner theatre in the entire United States! Please see Eliana Georgelos or Kathy Koines for further information if you are interested in attending.

November is the month where we commemorate one of the twelve great feast days of the Orthodox church, that of the Presentation of the blessed Theotokos and Ever-Virgin Mary into the Temple. According to tradition, Mary's parents, Joachim and Anna, had been childless and received a heavenly message that a daughter would be born to them. In thanksgiving for the gift of their daughter, they brought her to the Temple in Jerusalem at the age of three to consecrate her to God. She was solemnly received by the temple community, headed by the priest Zacharias, father of St. John the Baptist. The Theotokos remained in the Temple until the age of twelve at which time she was entrusted to St. Joseph. We celebrate this holy day of the Presentation on November 21<sup>st</sup>. It is a feast day of anticipation in that it signifies Mary's total dedication to God and her readiness for her future vocation as the Mother of the Incarnate Lord Jesus Christ. This holy feast day falls during the Fast of the Nativity of Christ. The fasting period begins on November 15 and it lasts until December 21<sup>st</sup>.

The Fellowship meeting in November falls on Thursday, the 8th of the month. We will meet in the Hellenic Center at 11:30 AM, with lunch preceding our meeting. As always, we continually encourage newcomers to join our group. Unless there is a special occasion when we travel or meet at a restaurant, our typical meetings take place at the Hellenic Center on the second Thursday of every month at 11:30 AM. We always begin our meetings with a prayer and a meal. A nominal fee of \$3 for members and \$5 for members is charged to cover the cost of the food. Dues are \$25 annually. Please

for non-members is charged to cover the cost of the food. Dues are \$25 annually. Please contact our treasurer, Kathy Koines, or either of our co-presidents, Paul Pagiotas or Eliana Georgelos, for information.



The Fellowship group extends our very best wishes to all for a blessed Thanksgiving!

# ST. MICHAEL'S HOME APPEAL FROM

# <u>HIS GRACE,</u> <u>BISHOP ANDONIOS</u>



**Dearly Beloved** 

We are writing with a special appeal to you and your family. Hopefully you have heard about St. Michael's Home, an elder care facility of our Church which this year celebrates its 60<sup>th</sup> Anniversary. Since 1958, St. Michael's has been a home-away-from-home to countless elderly of our community, offering them quality care in a loving Greek Orthodox environment. To meet the ever-increasing needs of the community, the Home has embarked upon an exciting expansion which will increase its capacity from 60 to approximately 150 residents, and from one level of NYS Department of Health licensed care to four different licensed components, from independent living to nursing & memory (dementia/Alzheimer's) care beds. The first phase has been completed which included asbestos remediation and gutting the interior of the 90,000 sq. ft. building which sits on the 11 acre Uniondale site. Now that the architectural drawings have been approved by the Dept. of Health, the Home is ready to embark upon the second phase which will transform the building into a magnificent state-of-the-art facility.

To realize this much needed expansion will cost \$35,000,000. To date, St. Michael's has over \$17,000,000 in collected funds and committed pledges and is awaiting official notification of a major grant from a foundation which will mean the Home has two-thirds of the funds needed. They now need our assistance to complete the project which will dramatically impact the lives of our Greek Orthodox elderly. If you haven't already had to do so, the statistical probabilities are extremely high that at some point you will need such a facility for a grandparent, parent, loved one or even yourself.

For this reason, we invite you to join us in offering a personal gift of at least \$100 to help complete the Home, during this special appeal in November when St. Michael's celebrates its Name Day. Every parish in our District is joining together in this endeavor to make this dream a reality by affording EVERY parishioner the opportunity to contribute to this project, thus participating in a meaningful and magnanimous way.

Cognizant of the great need for such a continuum of care facility, we are confident that you will generously respond to this appeal to help this facility where our elderly can be properly cared for, in the embrace of the Church and community, until the Good Lord calls them to their final resting place. In advance, thank you for your generous response. All donations should be sent to the church office or left at the pangari (by Nov. 30<sup>th</sup>), checks made out to *St. Michael's Home* - earmarked for the Expansion Fund. More information about the expansion or Naming Opportunities can be seen in a short video on the Home's website - **stmichaelshome.org/expansion**/.

# ORTHODOXY NEWS

#### Canonization of Elder Amfilohios Makris by the Holy Synod of the Ecumenical Patriarchate

The Holy and Sacred Synod of the Ecumenical Patriarchate met at Fanari on Wednesday, 29 August 2018 under the chairmanship of Ecumenical Patriarch Bartholomew, and, on the recommendation of the Canonical Committee, decided to include the late Archimandrite Elder Amfilohios Makris in the list of saints of the Orthodox Church. Through the prayers of the saint, Christ our God, have mercy upon us. Amen.

Elder Amfilohios Makris was born on the island of the Revelation, Patmos, in 1889. He became a stout defender of Orthodoxy, since he had suffered greatly during the Italian occupation of the Dodecanese islands. In those years, he founded many secret schools and made certain that the Greek

language and the Orthodox faith would continue and would be passed on to the young people of the island, despite the efforts of the Fascists and the Church of Rome to cut them off from their roots.

For many years he was the Abbot of the Monastery of Saint John the Theologian on Patmos. He also founded the women's monastery of the Annunciation in 1937. Much has been said about his many virtues, his love, his humility and his paternal love for his spiritual children. The late elder also laboured for monasticism and Orthodox mission work. Throughout the long years of WWII and afterwards, he travelled as a preacher. Moreover, he also founded monasteries on a number of Greek islands and was in charge of orphanages and various other charitable institutions. Saint Amfilohios fell asleep in the Lord in 1970.





### PHILOPTOCHOS NEWS



**MEETING NOTES.** At the meeting held on **September 20, 2018** the membership approved the following donations:

Retired Clergy & Widowed Presbyteres Benevolent Fund - National Philoptochos Hellenic College/Holy Cross Scholarship Fund - National Philoptochos Aid for Fires in Greece – National Philoptochos Hurricane Florence Disaster Relief Fund – National Philoptochos Susan G. Komen Race for the Cure (Breast Cancer Research) American Cancer Society – Making Strides Against Breast Cancer International Orthodox Christian Charities - National Philoptochos

**SUSAN G. KOMEN RACE FOR THE CURE.** On **Saturday, October 6, 2018** the St. George Philoptochos will participate in the **Susan G. Komen Race for the Cure (Family Walk)** at the Empire State Plaza in Albany, NY. We hope to assemble a team of "walkers" in support of research to eliminate this dreadful disease. If you would like to join or support our team with a monetary donation, please contact our Team Captain, Olga Delorey (518-383-4737) or odelorey@nycap.rr.com. Donations in support of the **Capital Region Ladies Philoptochos Society** team will be accepted through November 15, 2018. Please see flyer in this bulletin for details.

**CHAPTER NAME DAY.** On **Sunday**, **November 4**, **2018** we will commemorate our Philoptochos Name Day (Saints Kosmas and Damianos). A Memorial Service in remembrance of our past members who have fallen asleep in the Lord will be chanted. A special tray will be passed following the Divine Liturgy for the benefit of the Ecumenical Patriarchate programs and charities which is one of our national commitments.

**SPAGHETTI & MEATBALLS DINNER and AUCTION.** On **Sunday, November 4, 2018** the Ladies Philoptochos will sponsor a Spaghetti & Meatballs Dinner immediately following Divine Liturgy. Tickets are \$8.00 for adults and \$5.00 for children (under 12). Back by popular demand – a beautiful assortment of gift baskets will be auctioned off while you're enjoying your dessert and coffee. Please see flyer in this month's bulletin for further information.

**PARISH CHRISTMAS CARD.** As is our tradition, the Philoptochos will sponsor the **St. George Greek Orthodox Church 2018 Christmas Card**. This is a wonderful opportunity to extend our Christmas greetings to all St. George parishioners. If you would like your name to appear on the card, please complete the form that appears in this bulletin and submit it along with your donation. A minimum donation of \$10.00 is requested. Proceeds will be used for our annual Christmas Charity donations among other philanthropic contributions. Deadline is **Sunday, December 9, 2018**. Please see Toly Svolos for more information.

**CHRISTMAS MITTEN TREE.** The hot days of summer will soon be a distant memory and the cold days of winter are quickly approaching. The Ladies Philoptochos Society will sponsor the 4<sup>th</sup> Annual "**Mitten Tree**" in the Hellenic Center. We invite you to decorate our tree with **NEW** mittens, gloves, hats and scarves (knit, crocheted or purchased) for children who reside at or receive services from the City Mission of Schenectady. This is a wonderful opportunity to share your blessings and provide warm clothing for children in need. The tree will be in the Hellenic Center from **Sunday, November 4 through Sunday, December 9, 2018**.

**SOUP KITCHEN.** The September Soup Kitchen will be held on September 25, 2018 and is being sponsored by Jan Gallas in memory of her beloved husband, John Gallas. Due to early print deadline, volunteers and meal information will be printed in the next bulletin.

"...for I was hungry and you gave me food ... ...inasmuch as you did it to one of the least of these My bretheren, you did it to Me" Matthew 25: 35-40

**THANK YOU.** We thank our sisters at St. Sophia for inviting the St. George chapter to their Pot Luck Supper which took place on Tuesday, September 11, 2018. The meal was preceded by an Agiasmos

Service in the church. Our chapter was represented by Eliana Georgelos, Gladys Paravalos, and Olga Delorey.

NEXT MEETING. Our next meetings are scheduled for Thursday, October 18, 2018 and Thursday, November 15, 2018 at 6:30 pm.

**SPECIAL COFFEE HOURS** may be arranged by contacting Coffee Hour Chair Lucy Brady (518-346-4722). A voluntary donation to the Ladies Philoptochos Society in addition to the expenses would be greatly appreciated.

#### **OCTOBER & NOVEMBER AT A GLANCE**

\*Business Meeting – Thursday, October 18, 2018 at 6:30 pm

\*Katherine Orfan will sponsor the Soup Kitchen on Tuesday, October 23, 2018 in memory of Maria & Konstantinos Vahaviolos (parents), Vasiliki & Konstantinos Stavrianakos (grandparents), Marika & Konstantinos Orfan (in-laws), Ekaterini Vahaviolos (grandmother)

\*Business Meeting – Thursday, November 15, 2018 at 6:30 pm

\*Thomas Jones will sponsor the Soup Kitchen on Tuesday, November 27, 2018 in memory of his beloved father, Ed Jones

With our best wishes for a very





#### Come join Philoptochos in the Race for the Cure! Team: Capital Region Ladies Philoptochos Society

On **Saturday**, **October 6**, **2018** members of the Ladies Philoptochos Society from St. George, St. Sophia and St. Basil are invited to join the Family Walk in the Susan G. Komen Race for the Cure at the Empire State Plaza in Albany. We are inviting everyone at St. George to join us! The 5K Race and 2K Walk begin at 9:45 am.

The Susan G. Komen Race for the Cure is dedicated to fighting and saving lives from breast cancer. Now St. George Philoptochos and our sisters in Albany and Troy want to join in this fight. Participants can walk or run and children are welcome to join in as well. For those who want to sleep in that day there is a category for you too!

You can register at <u>https://komenupstatenewyork.org</u> Click on "Register" then "Join a Team". You will need to fill in your contact and payment information. Our team name is **Capital Region Ladies Philoptochos Society.** The cost of registration is as follows: Adults \$35.00 (August 1-September 30) or \$40.00 (October 1-6); Youth (12 and under) \$10.00

If you have any questions or would like a mail in form, please see or contact our Team Captain, Olga Delorey at 518-383-4737 (home) or 518-859-3600 (cell) or email odelorey@nycap.rr.com

If you're unable to join us that day then please support one of the team by making a tax-deductible contribution to: Komen NENY Race for the Cure.

Hope to see you there!



### Will You Help Sponsor a Student?



The Ladies Philoptochos Society is pleased to continue its partnership with the City Mission of Schenectady

There is a dire need in the Schenectady City School District to provide basic personal hygiene items for students who have no means to purchase such products. According to school administrators, absenteeism has been directly attributed to lack of basic hygiene and clean clothing. These students are subject to bullying and will stay home. We want to help as best we can.

Our Ladies Philoptochos has made a commitment for the 2018-19 school year to purchase items for a simple toiletry kit to be distributed by the school social worker to upper elementary, middle school or high school students – wherever the need is greatest. Each kit will contain body wash/soap, shampoo, conditioner, deodorant and toothpaste or lotion. The items will be discretely contained in a cloth bag (thank you to Jan Gallas for donating bags).

### Cost? \$100 per month (20 kits) or \$50 per month (10 kits) Our goal? 200 kits for the 2018-2019 school year



All donations to the Ladies Philoptochos Society are tax deductible and donors will receive a letter for income tax purposes

Please contact Olga Delorey at 518-383-4737 (home) or <a href="https://odelorey@nycap.tr.com">odelorey@nycap.tr.com</a>



<b>28</b>	10: <b>21</b>	<b>14</b> 10:(		
hildren's Sunday 00 AM Orthros 00 AM Divine Liturgy	00 AM Otrhros 00 AM Divine Liturgy	:00 AM Orhros 00 AM Divine Liturgy	7 9:00 AM Orhros 10:00 AM Divine Liturgy 11:00 AM Memorial Service for Peter Wilson and Olga Goussis Sunday School immediately following communion	Sun
29	22	<b>15</b> 11:00 AM Orthodoxy/ Bible Study 6:30 PM Orthodoxy/ Bible Study	<b>8</b> Parish office closed – Columbus Day	1 1
30	23 10:00 AM Soup Kitchen Prep 12:00 PM Soup Kitchen Serve Sponsored by Katherine Orfan in Memory of Maria & Konstantinos Vahaviols, Vasiliki & Konstantinos Stavrianakos, Marika & Konstantinos Orfan & Ekaterini Vahaviolos	<b>16</b> 6:30 PM Parish Council Meeting	Q	2 2
31	24	17	10	October 2018 Wed 3
	25	<b>18</b> 6:30 PM Philoptochos Meeting	<b>11</b> 11:30 AM Senior Fellowship Meeting Lake George Dinner Theater	4 Thu
	<b>26</b> 9:00 AM Divine Liturgy Feast of Demetrios the Myrrh-Streamer Myrrh-Streamer	19	12	5 Fri
-	27	20	13	6 Sat

25 9:00 AM Orthros 10:00 AM Divine Liturgy 11:00 AM Memorial for Cathy Georgelas	<b>18</b> 9:00 AM Orthros 10:00 AM Divine Liturgy	<b>11</b> 9:00 AM Orthros 10:00 AM Divine Liturgy	4 9:00 AM Orthros 10:00 AM Divine Liturgy 11:00 AM Memorial for the deceased Philopotochas members Spaghetti Dinner following Divine Liturgy		Sun
26	19	12	Сл ,		Mon
27 10:00 AM Soup Kitchen Prep 12:00 PM Soup Kitchen sponsored by Tom Jones in Memory of Ed Jones	<b>20</b> 6:30 PM Parish Council Meeting	13	თ		Tue
28	21 9:00 AM Divine Liturgy Entrance of the Theotokos into the Temple	14	7		November 2018
29	22 Parish Office Closed Happy Thanksgiving	<b>15</b> 6:30 PM Philoptochos Meeting	<b>8</b> 9:00 AM Divine Liturgy Synaxis of the Archangels 1:30 Senior Fellowship Meeting		]® Thu
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# TO:ALL PARISHIONERSFROM:Ladies Philoptochos SocietyRE:ST. GEORGE COMMUNITY CHRISTMAS CARD

THIS YEAR WE ARE ONCE AGAIN OFFERING YOU THE OPPORTUNITY TO SEND AND SHARE CHRISTMAS GREETINGS WITH YOUR FELLOW PARISHIONERS.

THIS CARD OFFERS YOU THE SAVINGS OF BUYING CARDS AND STAMPS FOR OVER 100 OTHER FAMILIES. YOU WILL RECEIVE A CARD OF THE SAME QUALITY WE HAVE HAD IN PREVIOUS YEARS.

A CONTRIBUTION OF \$10.00 IS REQUIRED. YOUR DONATION TO THE LADIES PHILOPTOCHOS SOCIETY WILL BENEFIT OUR ANNUAL CHRISTMAS CHARITY DONATIONS AMONG OTHER PHILANTHROPIC CONTRIBUTIONS.

IN ORDER TO HAVE ALL OF YOUR NAMES PRINTED ON THE CARD AND TO HAVE IT MAILED TO YOUR HOMES BY THE NATIVITY, <u>ALL NAMES</u> MUST BE RETURNED TO:

> Ladies Philoptochos Society Attention: Toly Svolos St. George Greek Orthodox Church 107 Clinton Street Schenectady, NY 12305

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PLEASE DETACH THIS FORM AND RETURN BY

SUNDAY, DECEMBER 9, 2018

(Please print your name as you wish it to appear on the Christmas Card)

PLEASE MAKE CHECKS PAYABLE TO "LADIES PHILOPTOCHOS SOCIETY"