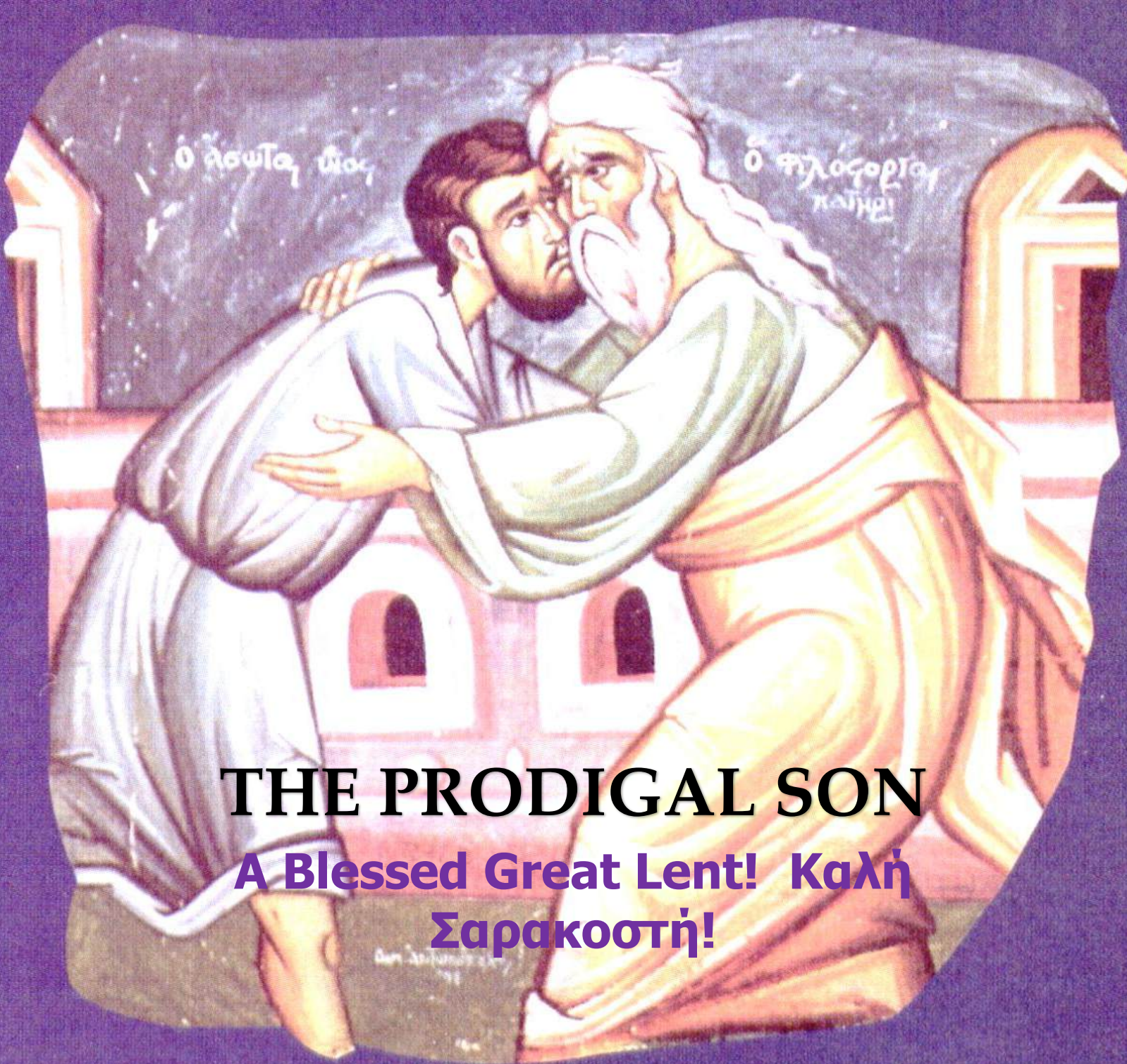




THE TRIUMPHANT

Saint George Greek Orthodox Church
Father Neofitos Sarigiannis
frneofitos@saintgeorgeoc.com
www.saintgeorgeoc.com

March / April 2025



THE PRODIGAL SON

**A Blessed Great Lent! Καλή
Σαρακοστή!**



Welcome to St. George Greek Orthodox Church

March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 2nd Saturday of the Souls 8:30pm Orthros 9:30am Divine Liturgy 12:30pm Arthur Georgelas Baptism 5:30pm Vespers
2 Forgiveness (Cheesefare) Sunday 8:30am Orthros 9:30am Divine Liturgy Sunday Vespers (Κατανυκτικός Εσπερινός) Lenten Meal Hosted by Our Parish after Vespers	3 Clean Monday- Great Lent Begins 10:00am Holy Uction	4 5:30pm Great Compline 6:30pm Bible Study	5 8:30am Presanctified Liturgy 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom	6 4:45pm In Person Greek School	7 4:00pm Youth Online via Zoom 6:30pm 1st Xairetismoι Salutations	8 3rd Saturday of the Souls - First Saturday of Lent 8:30am Orthros 9:30am Divine Liturgy 5:30pm Vespers
9 Sunday of Orthodoxy 8:30am Orthros 9:30am Divine Liturgy Sunday School after Holy Communion 5:00pm Altar boy trip 5:00pm Lenten Vespers – St. Basil's, Watervliet, NY	10	11 5:30pm Great Compline 6:30pm Parish Council Meeting via Zoom	12 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom	13 12:00pm Senior Fellowship Meeting 4:45pm In Person Greek School	14 4:00PM Youth Online Greek School via Zoom 6:30PM 2nd Xairetismoι Salutations	15 5:30pm Vespers
16 Sunday of St. Gregory Palamas 8:30am Orthros 9:30am Divine Liturgy Trisagion Service for Vasilios & Stavroula Avramidis & George & Maria Thomas 12:15pm Fundraising meeting 5:00pm Lenten Vespers – St. George, South Glens Falls, NY	17	18 7:00am Soup Kitchen Bag Lunch Prep 5:30pm Great Compline 6:30pm Dinner & Q & A with Father	19 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom	20 4:45pm In Person Greek School	21 4:00pm Youth Online via Zoom 6:30pm 3rd Xairetismoι Salutations	22 9:00am – 5:00pm Lenten Retreat – Teens at St. Basil's Academy 5:30pm Vespers
23 Sunday of the Holy Cross 8:30am Orthros 9:30am Divine Liturgy Greek Independence Day Celebration 5:00pm Lenten Vespers – St. George, Albany, NY	24 6:30pm Great Vespers	25 Annunciation of the Theotokos 8:30am Orthros 9:30am Divine Liturgy 5:30am Great Compline 6:30pm Bible Study	26 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom	27 4:45pm In Person Greek School	28 4:00pm Youth Online Via Zoom 6:30pm 4th Xairetismoι Salutations	29 5:30pm Vespers
30 Sunday of St. John Climacus 8:30am Orthros 9:30am Divine Liturgy Greek Independence Day Parade 5:00pm Lenten Vespers, St. Innocent, Oneonta, NY (downstairs of St. James Episcopal Church)	31					



Welcome to St. George Greek Orthodox Church

April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Sunday of St. John Climacus 8:30am Orthros 9:30am Divine Liturgy Greek Independence Day Parade 5:00pm Lenten Vespers, St. Innocent, Oneonta, NY (downstairs of St. James Episcopal Church)	31	1 5:30pm Great Compline 6:30pm Dinner & Q & A with Father	2 8:30am Presanctified Liturgy 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom	3 4:45pm In Person Greek School	4 4:00pm Youth online via Zoom 6:30pm Akathist Hymn	5 1:30pm St. Basil's, Troy - Youth Retreat 5:30pm Vespers
6 Sunday of St. Mary of Egypt 8:30am Orthros 9:30am Divine Liturgy 12:30 pm Philoptochos Meeting 5:00pm Lenten Vespers - St. Basil, Troy, NY	7	8 5:30pm Great Compline 6:30pm Parish Council Meeting via Zoom	9 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom	10 12:00pm Senior Fellowship 4:45pm In Person Greek School	11 4:00pm Youth online via Zoom	12 Lazarus Saturday 8:30am Orthros 9:30am Divine Liturgy 9:30am Holy Week Youth Retreat - Divine Liturgy, Palm Cross Making
13 Palm Sunday 8:30am Orthros 9:30am Divine Liturgy Sunday School after Holy Communion 6:30pm Bridegroom Service 5:00pm Lenten Service - New Skete Monastery, Cambridge, NY	14 6:30pm Bridegroom Service	15 7:00am Soup Kitchen Bag Lunch Prep 6:30pm Bridegroom Service	16 6:00pm Holy Unction	17 9:30am The Mystical Last Supper * Vespersal Liturgy 6:00pm The 12 Gospels - The Passion of Christ	18 9:00am Royal Hours 3:00pm Apokathelosis 6:00pm Epitaphios, Lamentations and Procession	19 Holy Saturday 9:30am Vespersal Liturgy 11:00pm Resurrection Service
20 Great & Holy Pascha 10:30am Agape Service Easter Egg Hunt after Agape Service	21 Renewal Monday 8:30am Orthros 9:30am Divine Liturgy 3:00pm Chamberas Baptism	22 Great Vespers- Feast of St. George 6:30pm Great Vespers	23 Feast of St. George 8:30am Orthros 9:30am Divine Liturgy 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom 6:30pm Akathist to St. George	24 4:45pm In Person Greek School	25 10:00am Hellenic center in use - cooking prep 4:00pm Youth online via Zoom	26 1:00pm DOP Cooking Presentation
27 Thomas Sunday 8:30am Orthros 9:30am Divine Liturgy	28	29 5:30pm Paraklesis to the Virgin Mary 6:30pm Bible Study	30 4:00pm Youth Online Greek School via Zoom 5:00pm Adult Greek School via Zoom			

St. George Theotokos Summer Camp

510 Liberty Street Schenectady, NY 12305



August 11 to Friday, August 15, 2025
9:00 am – 2:00 pm

Registration Fee: *\$60 for one child (5-12y)

*\$100 for two children and a third/fourth child is free.

*\$30 for Counselors in Training (teens ages 13-18y)

We are planning on having several field trips during the week including a trip to Via Aquarium, a trip the Museum of Science and Industry, and a day at Collins Park!

Register now on our website!

<http://www.saintgeorgegoc.com/>



Welcome to St. George Greek Orthodox Church

From the desk of Fr. Neofitos

"Behold, The Man" (Pilate)

Welcome all to the Triodion period. It is a period that spans from the Sunday of the Publican and Pharisee until Holy Saturday and the Resurrection of our Lord.

It is also the service book we use during this period and it contains multiple daily services for this 11-week period. The main theme of the Triodion is repentance. In summary, it is about our return to the "Kingdom prepared for us". The hymns and prayers constantly refer to humanities' repentant journey spanning from Adam and Eve's exile out of Eden, all the way to our reentry into Paradise and the Kingdom of Heaven through our Lord's loving sacrifice, passion, death, resurrection, and glorious second coming. This period is filled with services, service to our fellow man in need (almsgiving), fasting, personal prayer, reading, and the sacrament of confession, and holy unction.

Our God is a good God and He loves us. Even if we feel we are far away from Him, He awaits patiently and lovingly for our return. He is waiting for us, always, with His arms outstretched, as we see in the icon of the Crucifixion. Christ is giving us a hug with His loving sacrifice for the remission of our sins and for eternal life.

Our Creator yearns for us. Let us look at the parable of the Prodigal Son which summarizes our return to God. Jesus speaks of a Father who split his inheritance among his sons. The younger took his inheritance early and squandered it with prodigal living. He did not do anything wise with it. He wasted his money. For us today this could symbolize when we waste our time, talent, treasures, or any time we sin. The son ran out of wealth and then, famine struck. He ended up working with pigs and he ate their food.

Great Lent is a reminder to repent. It is our opportunity to self-reflect and see where we are "eating with the swine" and have a repentant moment and turn our behavior and energies toward returning



to God. In the rest of the story, we see the repentance of the younger son. You might have heard the story many times before.

I would like to point out the different steps of repentance in this parable so that we can apply them to our lives.

Step one is to admit we are a sinner. It says, "But when he came to himself. Εἰς εαυτὸν Δε ἐλθὼν εἶπε" ... He was living with pigs and then had an AHA moment. He snapped out of it. He realized he was not being HIMSELF. His best self.

"My father's servants have food to spare but I am sitting here hungry, starving. I will arise and go to my father. And I will say "I have sinned against heaven and before you. I am no longer worthy to be called your son. Treat me as one of your hired servants." The admission is the first step. Looking in the mirror and realizing that maybe we muddied ourselves with some of our behaviors. Where have I muddied my baptismal robe, the white radiant robe of my soul?

And he arose and came to his father. Step two is action, confession, or admission of guilt. Asking for forgiveness.

Our sins are not forgiven with our own prayer but by the Grace of God through the sacrament of the priesthood within Holy Confession which Jesus established.

Our God has left us a living breathing church for our healing. We must use and practice the sacrament of confession. We must come to our senses and be honest with ourselves and then with God. Just like we do not lie to our doctor, we should not lie to God, ourselves, or the world. The priest, who is in essence representing God and the world, under the blessing of the hierarch, offers us God's absolution of sins.

And finally, step three, changing our life and getting the job done. There is a difference between coming to the realization, speaking the realization, and taking



Welcome to St. George Greek Orthodox Church

the steps toward acting out the change in our heart. The son acted after his realization and went back to his father. He had humble expectations and with boldness to approach, he asked for forgiveness.

What came next in the parable was a joyous occasion. The beloved father, "at a distance, saw His son – and had compassion - Μακράν απέχοντος οίδεν αὐτὸν ὁ πατὴρ αὐτοῦ – εσπλαγνίσθη". The father suffered long for his son. Waiting and peering at the horizon in hope for his son's safe return. **I have no pleasure in the death of a sinner, says the LORD God; but rather that he should return from his evil ways and live.**

The father prayed and wept. He got on his knees for his child while he was gone. He must have made many offerings to God in supplication and mercy for his son. Our Father in heaven also prays for us. He hopes that we will run to Him when we stray from our holy path He intended for us. He never gives up hoping for us. He hopes that this world will not destroy us. He believes in us. Do we believe in Him?

When we take one step toward Him, he takes 100 toward us, just as the loving father, "Filostorgos Pateras" ran to his lost son when he returned. The core of our Lord's salvific plan, the reason He is risen, is for us to be free of our sins and death and have eternal life. Just like the Father in the parable put on his son the best robe, gave him a ring, put shoes on his feet, killed the fatted calf and had a party, in the same way we receive His eternal blessings. "My son was dead, and he is now alive. He was lost and now he is found."

Our Father is waiting for us always; Before Lent, during Lent, and after Lent. This is a time for our own self-reflection. Let us look at our behaviors, and not just fast, and pray, and give charity like the Pharisee. Let us increase our compassion, our teamwork, and not just focus on what we are giving up for Lent. We say, "Christ is in our Midst"! Our Father is here present and looking for us. He is waiting for us.

His warm embrace is not far off but HERE in our midst. His arms are outstretched on the Cross, waiting for us, ALWAYS. Let us not be mere observers, but partakers in this joy that is everlasting.

Let us bring our families into the family of God, often, this Easter of 2025. Let us boldly approach without fear of condemnation. Our St. George church is thriving and growing. We shant take these gifts for granted. We must embrace our Lord as the salvation and master of our lives.

We must show up and show up for the right reasons. The future of St. George rests in our hands and we must be passionate about our Creator and teach our children that this world alone will fail them. Our only hope is in the Lord. We are more than just earthly matter. We have a soul and we must not cut it off from the soul saver. Let us together "Behold, The Man" this Holy period and experience joy in His comforting embrace. Amen

Behold, the Bridegroom is coming in the middle of the night; and blessed is the servant He shall find awake and watching; unworthy is the other He shall find being lazy. So beware, O soul of mine, be not overcome by sleep, so that you not be handed over to death and be shut out from the Kingdom. Come to your senses and cry aloud: Holy, holy, holy are You our God. Through the Theotokos have mercy on us.



Ἴδου ὁ Νυμφίος ἔρχεται ἐν τῷ μέσῳ τῆς νυκτός, καὶ μακάριος ὁ δοῦλος, ὃν εὕρησει γρηγοροῦντα, ἀνάξιος δὲ πάλιν, ὃν εὕρησει ῥαθυμοῦντα. Βλέπε οὖν ψυχὴ μου, μὴ τῷ ὕπνῳ κατενεχθῆς, ἵνα μὴ τῷ θανάτῳ παραδοθῆς, καὶ τῆς βασιλείας ἐξῶ κλεισθῆς· ἀλλὰ ἀνάνησον κράζουσα· Ἅγιος, ἅγιος, ἅγιος εἶ ὁ Θεὸς ἡμῶν. Διὰ τῆς Θεοτόκου ἐλέησον ἡμᾶς.

ST. GEORGE'S SCHOOL OF GREEK LANGUAGE & CULTURE

We have a very exciting season ahead as we celebrate Greek Independence Day during March and also begin our Lenten journey to holy Pascha.

On Sunday, March 9 is the Sunday of Orthodoxy. On this day, we will have a special visit from Bishop Nektarios. This is a very special blessing for St. George and for all of us. We encourage all the youth to come, bring an icon, and receive a blessing from His Grace.

The Greek Independence Day Program at St. George will take place on Sunday, March 23rd, in the Hellenic Center. The Parent Association will be hosting coffee hour for the event.

The annual Greek Independence Day Parade in NYC will be on Sunday, March 30th this year. We have booked a 54-passenger coach bus and a float! Come March with St. George - Sign up ASAP as seats are filling up quickly!

We look forward to sharing our faith during Lent at the Sunday evening Lenten vespers, beginning March 2nd at St. George in Schenectady. Participation in these services gives our children an opportunity to see how the different churches celebrate, as we move from week to week to different locations, and it also allows them to visit friends at other parishes. We encourage the whole family to participate.

We will be holding our annual Palm Making and Lenten retreat for all youth and families on Saturday, April 12th from 9:30AM - 1:30PM. After Divine Liturgy, we will have breakfast and palm making for everyone. We will have various craft centers set up for the youth. The youth will also have an Altar Boys and Myrophores lesson during the retreat to rehearse and prepare for Holy Week. All are invited to participate!

During Holy Week we encourage the youth to come as often as possible to the many beautiful services.



GREEK PARADE
Celebrating the 204th Anniversary
of Hellenic Independence

© Dimitrios Paschos Photo

**"GREECE: The Birthplace of Democracy
& Strategic Partner of America"**

SUNDAY, MARCH 30, 2025 - 1:30 PM

FIFTH AVENUE • NEW YORK CITY • 64TH TO 79TH STREET

FEDERATION OF HELLENIC SOCIETIES OF GREATER NEW YORK
22-51 29th Street, Astoria, NY 11105 • 718.204.9500
nyhellenicsocieties@gmail.com

www.nycgreekparade.org
@FederationNY @NYGreekParade

REGISTER ONLINE

St. George, Schenectady, NY will be marching in the Parade!

We have booked a 54 passenger bus.

No cost for Greek School students

**PRICE: Adults \$45 Children 12 and under not
enrolled in Greek School \$25**

Departure time: 8:30 am - St. George, Schenectady, NY

Arrival: Approximately 12:00 pm in NYC near 5th Avenue
and 60th St.

Departure time from NYC: Around 3:30 heading to Astoria
for dinner.

Departure from Astoria: around 7:00 pm / Arrival at St.
George, Schenectady, NY 10:30 pm.

To RSVP Please Contact

Presvytera Catherine Sarigiannis at

csarigiannis22@gmail.com or call the office

at 518-393-0742.



Welcome to St. George Greek Orthodox Church

2025 Stewardship Pledges

We are grateful for those members listed below who have already submitted their 2025 stewardship pledge as of February 27, 2025. Your continued and consistent support will help our church continue to grow and prosper. To become a full member of our church, please fill out the Pledge form enclosed and return it to the office.

Mr. George Alatzas
Mr. Jason Baker
Ms. Susan Birbilis
Mr. & Mrs. Scott Brady
Mr. & Mrs. Sotirios Bratsos
Ms. Arji Cakouros
Mr. & Mrs. Patrick Casey
Mr. & Mrs. Peter Chamberas
Mr. & Mrs. Andreas Christou
Mr. & Mrs. Euripides (Evan) Christou
Miss Demetra Corsones
Mrs. Rena Counavelis
Mrs. Joanne Dafniotis
Ms. Ciara D'Angelo
Miss Linda Davison
Ms. Olga Delorey
Ms. Joanne Diamantis
Mrs. Katina Dikas & Family
Ms. Daphne Economou
Mr. & Mrs. Brad Engwer
Mr. & Mrs. Michael Euripidou
Mr. & Mrs. James Fishburn
Mrs. Janet Gallas
Mr. Arthur Georgelas
Mrs. Helena Georgelas
Mr. & Mrs. Nicholas Georgelas
Mrs. Eliana Georgelos
Mr. & Mrs. Peter Giakoumis
Mr. & Mrs. Steve Giakoumis
Mr. & Mrs. Brian Goodale

Mr. & Mrs. James Halios
Ms. Antonia Kananis
Dr. Jeffrey Hnath & Dr. Efrossini Kolios
Mrs. Frucina Ica Iancu
Mrs. Catherine Julius
Ms. Balwant Kingra
Mr. & Mrs. Tristin Knapp
Ms. Kaliopi Kounoupis
Mrs. Voula Kounoupis
Mr. & Mrs. Trifon Laskaris
Ms. Erin Martino & Family
Mr. & Mrs. Jerry Menagias
Mr. & Mrs. Michael Molnar, Jr.
Ms. Aglaia (Lea) Morlock
Mrs. Sophia Niarchos
Mr. & Mrs. Evangelos Nikolaidis
Mr. Constantine Orfan
Mrs. Athena Pagnotti
Mr. & Mrs. Kostantinos Papanikos
Mr. James G. Plackis
Mr. & Mrs. Gus Plakas
Father & Presvytera Sarigiannis
Mrs. Ourania Sokaris
Ms. Roubina Spyros-Morgan
Ms. Maria Stamoulis
Mr. & Mrs. Van Stathis
Mr. James Stevens
Mr. Christos Trapalis
Mr. & Mrs. Brian Whipple
Mrs. Anastasia Zoulas

Kali Sarakosti, a Blessed Great Lent! The ministries of St. George, which are reflected throughout "The Triumphant" have continued to provide spiritual growth and guidance to the parishioners with the love and support from Father Neofitos and Presvytera Catherine. As we look forward to the future, we are excited about what God has in store for our community. We believe that with support of your Time, Talents and Treasure, we can continue our ministries and reach more people with the message of love, hope and salvation. The monies received from Stewardship pledges are crucial in supporting the ministries of the Church. We have the annual Festival and fundraisers, but ultimately, those proceeds will not cover the expenses that the Church incurs throughout the year. Stewardship growth, being such an important way to support the Church, needs to be our focus. We need to increase our Stewardship Pledges for 2025 to meet the financial obligations of the Church. A common question regarding Stewardship is how much an individual/family should pledge. The answer is quite simple. The Old Testament guides us to tithe or give 10% of one's income. Of course, this may not be feasible although it should be our ultimate goal. However, at the very least, we should determine a percentage of our income that can be committed to God through the Church. When we Pledge we should ask ourselves if our Stewardship Commitment is a genuine response to God: "Your own gifts, from Your own gifts, we offer to you?"

If you have not had an opportunity to pledge for 2025 as of yet, you can call the office for a pledge form to be mailed to you, or ask an usher for one the next time you attend a church service. (one is also enclosed) Your participation in Stewardship is an important way of being a full member of the church. We would like to thank all of you who have Stewardship Commitments to date. A list of our pledged members is above. Please call the Church office if you see a discrepancy.



Orthodox Christian PRISON MINISTRY

Did you know that there are Orthodox Christians trying to practice their faith in prison? Or that there are non-Orthodox prisoners who are ready to repent of their crimes and embrace the fullness of Orthodoxy?

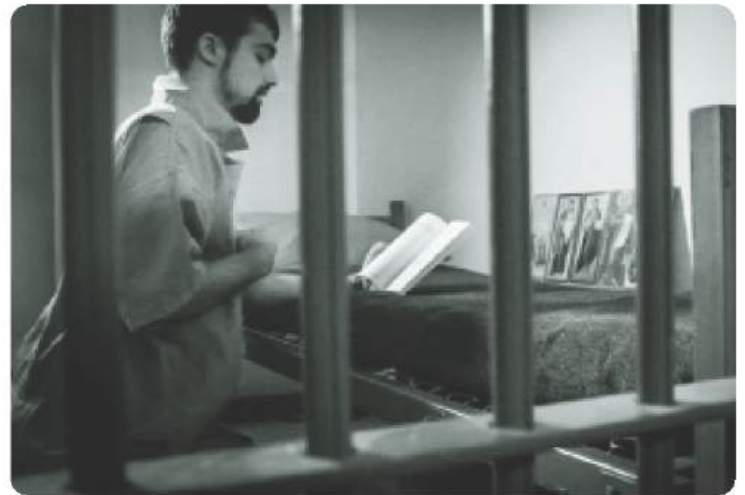
“...I was in prison, and you came to Me.”

FORGIVENESS VESPERS RETREAT

with H. Paul Finley,
OCPM Prisoner Spiritual
Support Manager

*DINNER WILL BE PROVIDED
FREE WILL OFFERING ENCOURAGED*

FOR QUESTIONS, PLEASE CONTACT
Fr. Neofitos Sarigiannis
frneofitos@saintgeorgegoc.com or
communications@theoCPM.org



Sunday, March 2, 2025

**St. George Greek
Orthodox Church
107 Clinton Street
Schenectady, NY 12305**

5 PM Forgiveness Vespers
6:30 PM Dinner & Presentation



**CLICK HERE TO
LEARN MORE**

**OR VISIT
WWW.THEOCPM.ORG**



ASSEMBLY OF CANONICAL
ORTHODOX BISHOPS
OF THE UNITED STATES OF AMERICA



CAMP SAINT PAUL SUMMER CAMP REGISTRATION

March 1st, 2025 @12PM

Join us this summer as we celebrate
20 years of fun and faith filled
summers!

- ✓ Explore your faith
- ✓ Service Projects
- ✓ Cultural Activities
- ✓ Make friends for life

Join Us!



More information
campsaintpaul.org



Camp Saint Paul 2025
Camp Saint Paul Summer Camp will be returning soon! Registration day will be Saturday,
March 1st @ 12pm!

Summer Camp

S1: June 22nd - June 28th

S2: June 29th - July 05th

S3: July 06th - July 12th

S4: July 13th - July 19th

S5: July 20th - July 26th



Hierarchical Visit

St. George, Schenectady

First Friday of Great Lent



Friday, March 7, 2025

**6:30 pm Salutations to the
Virgin Mary**

St. George welcomes

**His Grace Bishop Nektarios
of Diokleia**



Welcome to St. George Greek Orthodox Church

Come Meet Our Parish Council Team

The Parish Council

By Father James W. Kordaris

(excerpt from article on <https://www.goarch.org/-/parish-renewal-outreach-and-evangelism-the-parish-council-on-the-front-lines>)

We are Conciliar

The Priest is head of the Parish and is charged with the guidance of the total Parish program. The parish council consists of the Priest, and the elected lay members, and is referred to as a board only when so required by local statute. In internal matters of the Church, we always use the designation of Parish Council. This is because one of the identifying traits of the Orthodox Church is that we are conciliar – decisions are made in council.

Setting An Example for the Parish

The duties of a parish council member (United Parish Regulations) include regular attendance at divine services and participation in the sacramental life of the Church, "...thereby setting an example for the parish." To set an example for the parish will require that we overcome the stereotype of the parish council member who is rarely seen in church. It is easy to be like Martha -- Jesus, the Son of God, came to dinner and Martha spent the entire time in the kitchen "anxious and troubled about many things".



Brian Goodale (Officer- President) is the current President of the Parish Council at St. George. Through his wife Lucy (Laskaris) Goodale, he was introduced to the Orthodox faith, and converted and was baptized shortly thereafter. Professionally, Brian works for SUNY Empire State College as the Director of Academic Partnerships in the Office of Partnerships in the Office of the President. He has been at Empire State College since 2009. Prior to Empire State College, Brian had 15 years of higher education experience, including service at the University at Albany as the Director of Graduate Admissions for the School of Public Health, and the Assistant Director of International Graduate Admissions for the university. He started his career as an Admissions Counselor at SUNY Cobleskill. In addition, Brian has 21 years of volleyball coaching experience, including 17 years as the Head Women's Volleyball Coach at the College of Saint Rose (NCAA Division II). Brian earned his Ph.D. in Higher Education Administration at the University at Albany, where he also earned his master's degree. He graduated from Penn State University with a Bachelor of Science degree in Marketing, and from SUNY Cobleskill with an associate of science degree in Business Administration. He and Lucy live in Clifton Park, NY with their son Tyler.



Alexandra Casey (Officer – Treasurer) My name is Alexandra Casey. I have been a member of Saint George for over 30 years. I grew up in the church, attended Sunday school, participated in youth programs, danced in the Dance Troupe, and attended Greek School. Currently, I am serving on the Parish Council as a Treasurer. I have been on the council for about six years. I wear many different hats throughout the day! I am a daughter, a sister, a wife, a mother, a teacher, a helper, and a friend. I graduated from Russell Sage College with an MS in Childhood Literacy Education. I currently work at North Colonie Central School District as a third-grade teacher. My husband and I live in Burnt Hills, and we have one beautiful daughter, Gianna, who is 14 years old. When I am not working at school, I help my mother with the family business. Saint George is close to my heart, and I do all that I can to help. Serving for my church is an honor, and I am committed to fulfilling this mission given by Christ.



Balwant Maria Kingra (Officer- Secretary) My name is Balwant Maria Kingra. I graduated from St. John's University in May of 2020 with a B.S. in Biology, I have been involved at St. George's since I was young and when I moved back home from college I was interested in finding ways to continue my involvement. I have been a member of the Parish Council for almost 5 years, serving as the Secretary for the past 4 years. I have introduced a chapter of the Daughters of Penelope in Schenectady where I currently serve as the president. I have carried on the tradition from when I was young of teaching traditional folk dances during the summer in preparation of the children, teenage and young adult groups to perform at St. George's annual Greek Festival. I also teach throughout the year for our parish's Greek School program. I enjoy being involved with the parish and to see how it has flourished! I am always looking to see where I can lend a helping hand and bring people together, in turn continuing this through my church and faith.



Welcome to St. George Greek Orthodox Church



Constantine "Dino" Orfan (Officer – Vice President) - I was born in Cortland NY. We moved to Gloversville summer of 1976. I graduated in 1980. I entered the USAF as a Heating Systems Specialist stationed at Hanscom AFB outside Boston MA, and when my enlistment ended in 1984 I remained in MA as a licensed Steam Engineer until 1991 when I returned to Gloversville NY. In 1993 I joined the US Naval Reserves. In 1996 I switched to the NY Air National Guard and to my life long career of Law Enforcement & Security. After the events of 9/11 I was on active duty orders frequently and in 2005 I went on permanent active duty orders for the US Air Force Reserves, retiring from active duty service May 31, 2018 from Westover Air Reserve Base in Chicopee MA. For a year I lived in Fort Worth TX where I attended the Tarrant County Sheriff's Corrections Officer Academy and worked in Corrections until early 2019. I wanted to be within driving distance to family so I returned north to Newport ME until March 2022 when I decided to return to Gloversville NY — My training is in Law Enforcement, Security, and Corrections and I'm well versed in working with the public — My education includes a Master's Degree in Forensic Psychology, a Bachelor's Degree in Historical Studies and two Associate's Degrees. I served my country proudly for just over 31 years. Returning home I decided I want to become a part of "the solution". Today I am a newly elected member of the Fulton County New York Board of Supervisors representing Ward 1 of my home city of Gloversville New York. Additionally I am a volunteer at our downtown historic The Glove Theatre.



Lucy Brady My name is Lucy Brady. I grew up in Flushing, NY and got married in 1988 to Scott, in St. Nicholas GOC. We moved to the Albany area in 1990 and then moved to Scotia in 1993. I have a daughter Maria who lives with her husband, James in Tulsa, Oklahoma, a daughter Christina who lives at home and a son, Jimmy who lives in Clearwater, Florida. I have been working at Capital Region BOCES for the past 26 years as a School Social Worker in Special Education. Being involved in the Family Support Council for many years has given me the opportunity to advocate for people with disabilities.

I have been an active member of St. George GOC for about 26 years. The Church has been an integral part of my family's life. We have been involved in various activities offered by the Church over the years. I have been a longtime member of the Philoptochos as well as the St. George Council. I enjoy traveling, going out to eat, spending time on the beach and of most recent, learning to Chant, with Presvytera Catherine as my teacher who has been an quite inspiration to me. I feel very blessed to be part of such a wonderful Church community as led by our Priest, Father Neofitos.



Arjhiroula "Arji" Cakouros is a sound healer, musician, Reiki master and Dreamwork teacher based in Niskayuna, NY. Her personal commitment to supporting others in achieving radiant health is rooted in her ancestral Hellenic Asclepian and Pythagorean healing traditions. She has been assisting and collaborating with Sw. Laraaji NadaBrahmananda since 2008, offering Healing Sound events, concerts, and Laughter Immersion experiences in many venues worldwide. Arji served as faculty at the prestigious International Sound Healing Intensive in Colorado for the last nine years of its 25 year history, as well as on the faculty for the Sacred Sounds Institute Intensive held annually at Olympic National Park, Washington state, created by the multi-talented pioneer Sound Healer Vickie Dodd. Arji has been affiliated with the St. George parish since the early 70's and served as its first dance troupe organizer & choreographer in the initial years of establishing its annual fall Greek festival. She and her family became active at St. Sophia's in Albany from the early 1990's until her return to St. George a few years ago. Arji looks very much forward to now serving this community which she so loves, as part of the parish council.



Maria Stamoulis. Maria works for the State Education Department (SED) as an Auditor Manager within the Office of Audit Services. She conducts internal audits including the annual Internal Control Certification and monitors various initiatives including the financial reviews of the SED Business Portal. Prior to SED, Maria worked as a Senior Examiner for the State Comptroller's Office where she developed training and presented governmental accounting/financial topics including the property tax cap at local government conferences and OSC's accounting schools. Maria has been a member of Saint George since early childhood. She attended Greek School, Sunday School, and various youth activities. Currently, Maria serves as part of the festival committee on the parish council. She previously served as secretary on the council for four years. Maria graduated from Union College with a Bachelor of Arts Degree in History and a Master's in Business Administration.

TWO UPCOMING CAREGIVER SUPPORT GROUPS

Group One: MARCH 6 - APRIL 10 | Group Two: MAY 1 - JUNE 5

PHILOPTOCHOS FAMILY CAREGIVER SUPPORT GROUP FOR ORTHODOX CHRISTIANS NATIONWIDE

- Are you caring for a spouse, a parent, an in-law or other loved one of any age who has Alzheimer's or a chronic or life-threatening illness or a disability?
- Are you a male trying to navigate the challenges of caregiving?
- Are you in the sandwich generation raising a child while also caring for a parent?



- Do you wish you could talk to others about your exhaustion, stress, anger and guilt without being judged?
- Do you wish there were others with whom to share your thoughts, concerns, and questions and who understands our faith, culture, and community?
- Are you so overwhelmed you're not even sure what questions to ask?

If you answered yes to any of the above, join the

PHILOPTOCHOS CAREGIVER SUPPORT GROUP

Led by professionals, we will "meet" over Zoom on six consecutive Thursday evenings from 7pm - 8pm EST. In a confidential, non-judgmental and safe environment, we will discuss best practices to help you manage the physical, emotional and cognitive issues faced by your loved one and to help you find and access resources to help ease your caregiving journey. We will discuss the importance of self-care, the impact of family dynamics on caregiving, long-distance and holiday caregiving, financial concerns, and preparing for the future.

The last session, led by a member of the clergy, will address how faith, culture, and spirituality can help build your understanding, strength, and resilience.

Six consecutive Thursday evenings 7pm - 8pm EST

Group One: MARCH 6 - APRIL 10, 2025

Group Two: MAY 1 - JUNE 5, 2025

Pre-registration is Required. Please specify Group 1 or Group 2

Pre Register Here: <https://forms.gle/RMk5cr4tDe69o5S1t9>

Space is limited - Don't delay!



Sponsored by:

Greek Orthodox Ladies Philoptochos Society, Inc. • Department of Social Services

126 East 37th Street • NY, NY 10016 • (212) 977-7770 • www.philoptochos.org

supportgroup@philoptochos.org

PHILOPTOCHOS NEWS MARCH 2025

After several schedule changes due to bad weather, our Philoptochos chapter held its January/February business meeting on February 23rd. I want to thank the chapter's Co-Vice Presidents and Board for their leadership in my absence and until my return after Pascha.

If you are reading this and have not joined the Philoptochos, (the charitable arm of the Church) please consider becoming a member. And if you are a current member, please be aware that chapter elections are upon us for the next two-year term. It is a joy to lead and serve our community as an officer of Philoptochos. Please come forward when you are invited.

It's a new year and that means it's time to pay your annual membership dues of \$35! Please see our Treasurer, Toni Kananis, in church or send your check by mail to the church office. Checks are payable to Ladies Philoptochos.

Please note the following schedule change: our March/April meeting will take place on Sunday, April 6th at 12:30 pm. Philoptochos wishes everyone a peaceful and reflective Great Lenten season.



Lenten Youth Retreat 2025

Saint Basil Greek Orthodox Church
909 River Street – Troy, New York 12180

Please contact Fr. Neofitos for the registration packet. frneofitos@saintgeorgegoc.com.

With great joy, we extend an invitation to you and your parish community to participate in this year's Lenten Youth Retreat, Saturday, April 5, 2025, at our church hall. The schedule of activities is for all ages from Pre-K to High School. Parents are invited to participate as well! After an afternoon of fun and learning, Great Vespers will be celebrated, followed by a Lenten dinner for everyone. During dinner, you can relax and connect with new friends. This is a day of fun and fellowship for everyone. Please make plans to come and spend the day together! If you'd like to volunteer to assist in the activities and dinner, please note this on the registration form. For planning purposes, please return the registration forms to Father Emmanuel at Mission Vespers on Sunday evenings. We look forward to having you with us!

SATURDAY, APRIL 5, 2025
Saint Basil Greek Orthodox Church
909 River Street – Troy, New York 12180

All children (Pre-K through Grade 12) and parents are invited to take part in our Annual Lenten Youth Retreat. The Retreat is for the youth and young adults in all the Orthodox Christian church communities in the Capital District. Parents are encouraged to participate as well!

Tentative schedule for the day:

Arrival time / Sign in	1:30 PM
Opening Prayer	1:50 PM
Youth Activities	2:00 – 4:30 PM
Ask a Priest & Clean-up	4:30 – 5:00 PM
Great Vespers	5:00 PM
Dinner	After Vespers

FELLOWSHIP NEWS FOR MARCH/APRIL, 2025

By Eliana Georgelos

Greetings from the Fellowship group!

It has been a year now since we decided to reorganize and change the format of the Fellowship group. We disbanded as an official church organization with officers (President, Vice President, Secretary, Treasurer), we discontinued membership dues, our bank account was closed, and the balance was turned over to the church. The decision to disband came about because as we aged, the responsibilities of collecting dues, maintaining a bank account, taking notes at meetings when various decisions were made, preparing and serving our meals and cleaning up afterwards, became too tiring. We still wanted to meet regularly, however. Thus the decision was made to continue our much beloved monthly gatherings, but instead of meeting and eating at the Hellenic Center, we meet instead at various restaurants in the area. We still enjoy one another's company on a monthly basis while continuing to support the church through our work.

The months of March and April bring us both the beginning of Lent on Monday, March 3rd, and the vernal equinox (the first day of Spring) on March 20. For the rest of March and throughout most of April, we will be in the midst of Great Lent. During this time and throughout the 40-day period of Lent, we prepare for Easter with prayer, abstinence, fasting and the sacrament of confession. Other significant services during Great Lent are the three Saturdays of the souls. During these services, Father Neofitos reads the names of our deceased loved ones that we provide to him. Presvytera Catherine not only chants during these services but also prepares the koliva for those who request them. What a beautiful and touching way to remember our beloved family members who have passed from this world. This year Orthodox Easter falls on Sunday, April, 20, 2025, the same day as Western Easter.

Each year on the Sunday evening before the start of Holy Lent (also known as Forgiveness or Cheesefare Sunday) our church hosts a reception for all those who attend the vesper service that evening. The custom of this service is to ask for forgiveness and to forgive one another. Many of our Fellowship members will be involved with the reception following the vesper service, either donating food or working to set up, receiving food items, and/or clean up afterwards. The Lenten foods we offer may not contain meat of any kind. However, fish, cheese and dairy items are permitted. Thus, we will have a wide range of wonderful food options available, from appetizers to entrees to desserts. We look forward to continuing the tradition of St. George being the most well attended of the local Orthodox parishes who participate in the Sunday Lenten series. Thank you to all our parishioners and Fellowship members who work so hard to make this reception such a huge success every year! This year we will have a special guest speaker, Paul Finley from the Orthodox Christian Prison Ministry. We look forward to hearing from Mr. Finley about the important work being done to bring Orthodoxy to men and women who are incarcerated within the prison system. His talk promises to be a fascinating and enlightening experience for us all!

The services throughout the Lenten period and especially during Holy Week are particularly beautiful and poignant. We encourage all the parishioners of St. George to attend as many of these services as possible. Wishing you all peace and good health as we prepare for the Great and Holy feast of Pascha. Let us all pray for God's mercy and thank Him for all our blessings.

Καλή Σαρακοστή

Καλό Πάσχα

Happy Easter 🕊



Hellenic Center / Church

Saturday of Lazarus, April 12 at 9:30 am – 1:30 pm

Divine Liturgy

Lunch and Palm Making Lesson

Myrophores and Altar Boy Lesson

RSVP with Pres. Catherine at csarigiannis22@gmail.com or call 518-393-0742

St. George 107 Clinton St. Schenectady, NY



2nd Annual Snow Ball





Blessing of the Mohawk River



Schenectady Soup Stroll



BRING TRADITION TO YOUR PASCHA TABLE WITH TSOUREKI!

\$12 EACH



**SATURDAY 4/12 &
PALM SUNDAY 4/13**

**AUTHENTIC &
FRESH TSOUREKI
BAKE SALE**

imported from Montreal



SPONSORED BY DAUGHTERS OF PENELOPE POLIXENI CHAPTER



MEDITERRANEAN COOKING DEMONSTRATION

The Mediterranean Diet is a way of eating based on the authentic cuisine of countries bordering the Mediterranean Sea. The diet typically consists of the region's traditional fruits, vegetables, seafood, and olive oil, plus a glass or two of wine. Join us for a cooking demonstration of amazing recipes vital to the Mediterranean diet. You'll get first hand tips on how to make the recipes while enjoying a delicious lunch and learning from our chefs. It will be an afternoon to remember!

EVENT OVERVIEW

- Four-course luncheon and cooking demonstration including spanakopita, turlou turlou (vegetable stew), Greek salad, and baklava
- Door prizes, raffles, and shopping at our Agora for imported goods (honey, extra virgin olive oil, and oregano)

\$40

per person

SATURDAY APRIL 26

1:00PM

THE HELLENIC
CENTER

RSVP VIA EMAIL

DOPPOLIXENI449@GMAIL.COM



HOSTED BY DAUGHTERS OF PENELOPE POLIXENI CHAPTER



Welcome to St. George Greek Orthodox Church

"Come And See"



New Vestments and Gold Re-Plated altar items
Thank you to all for the numerous rich donations



Hudson Valley Clergy Meeting –
Windham, NY



Dinner & Q & A with Father
Saint Paisios Presentation by Yannis Yannou





Welcome to St. George Greek Orthodox Church

THE ICONS OF ST. GEORGE

The Icon Project began in the Winter of 2023. Thanks to our many generous donors, the church acquired 80+ new icons of the Saints and the Feast Days commemorating the life of Jesus Christ and the Theotokos. All of the new icons are uniform in size and are reproductions made by the Sisters at Holy Protection Monastery of the Theotokos (Agia Skepi) in White Haven, Pennsylvania.

The majority of these new icons are located on ledges in the room adjacent to the altar while many have been placed inside the altar itself. On the day of commemoration, the icon is placed in the church and oftentimes framed with beautiful fresh flowers.

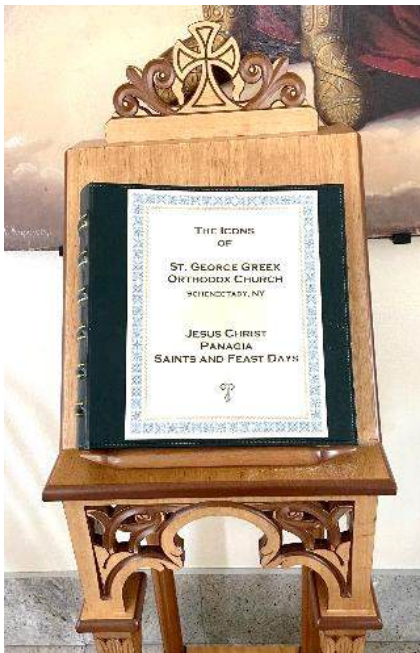
The Icon Book began with a simple question. How can we highlight the icons themselves and also identify the donors and memorialization for future generations? Thus, the idea of creating a permanent record was born. Now, every icon in the church is documented on individual certificate pages. Each page contains a photograph of the icon, the name of the donor, the names of those "In Memory Of" or "In Honor Of", and the date the saint or feast day is commemorated.

We then took it one step further by including the icons located on the rear wall of the church. These large icons are permanently affixed to the wall and are originals that were painted at the Holy Monastery of Virgin Mary the Consolatory in Brownsville, Quebec, Canada.

Finally, we discovered a hand drawn schematic of the church interior depicting the iconostasis, the Royal Doors and veil, the icons on the north and south walls of the church and the Bishop's Throne. This document also lists the names of the donors dating back to 1939 when construction of our present-day church was finished after a fire destroyed the original church in 1937. It was fitting this be included to make our book complete.

The book *Icons of St. George* will be kept in the side room off the sanctuary in front of the large icon of Holy Archangel Michael and surrounded by the beautiful icons depicted inside its covers. Located in the front part of the book is a Dedication Page, Index of Icons, and Alphabetical List of Donors which includes the name(s) of their icons and the section where they are located. As you peruse the pages within, you will see up close and in detail the beautiful icons which now adorn St. George Church.

To complete the project, a beautiful hand carved wooden icon stand was purchased to hold the book. We express our heartfelt gratitude to all the generous donors who made this possible.





2025

ST ANDREW'S BROTHERHOOD

PANORTHODOX SUNDAY LENTEN VESPERS

(ALL AT 5:00PM)

**March 2nd (Forgiveness Sunday), St. George's (GOC)
107 Clinton St. Schenectady, NY**

**March 9th (Sunday of Orthodoxy), St. Basil's (OCA)
6 Lansing Ave. Watervliet, NY**

**March 16th (St Gregory Palamas) St. George (AOCANA)
55 Main St. South Glens Falls, NY**

**March 23rd (The Cross), St. George (AOCANA)
1 St. George Pl. Albany, NY**

**March 30th (St. John Climacus), St Innocent (OCA)
305 Main St. Oneonta, NY
(downstairs of St. James Episcopal)**

**(Lenten Youth Retreat 4/5 at St. Basil in Troy 1:30pm)
April 6th (Mary of Egypt) St Basil (GOARCH)
909 River St. Troy, NY**

**April 13th (Palm Sunday) New Skete Monastery
273 New Skete Rd. Cambridge, NY**



Easter Sunday, April 20

10:30 am Agape Vespers

EASTER EGG HUNT

following the service

All Ages welcome

St. George Schenectady, NY

2025 Lenten Ornamentation Donations

Thank you to all who have already pledged to donate the shaded items below. Please contact the church office, Camille, or Elaine Euripidou to donate. 518-393-0742 or elaine.euripidou@gmail.com.

Date	Feast Day	Description	Cost
Friday, March 7th	1st Salutations	Flower Frame for Icon	\$75
Friday, March 14th	2nd Salutations	Flower Frame for Icon	\$75
Sunday, March 23rd	Sunday of Holy Cross Veneration of Holy Cross	Daffodil Tray	\$65
Tuesday, March 25th	Annunciation of the Theotokos	Flower Frame for Icon	\$75
Friday, March 21st	3rd Salutations	Flower Frame for Icon	\$75
Friday, March 28th	4th Salutations	Flower Frame for Icon	\$75
Sunday, April 6th	St. Mary of Egypt	Flower Frame for Icon	\$75
Friday, April 4th	Akathist Hymn	Flower Frame for Icon	\$75
Saturday, April 12th	St. Lazarus Saturday	Flower Frame for Icon	\$75
Sunday, April 13th	Palm Sunday (a.m.)	Palms	\$55
Sunday, April 13th	Palm Sunday (p.m.)	Flower Frame for Icon	\$75
Wednesday, April 16th	Holy Wednesday	7 Candles, Oil, Flour (King Arthur), Cotton Balls	\$30
Thursday, April 17th	Holy Thursday (a.m.)	Flower Frame for Last Supper Icon	\$75
Thursday, April 17th	Holy Thursday (a.m.)	Wreath/Crown for Crucified Christ	\$165
Thursday, April 17th	Holy Thursday (a.m.)	Wreath/Crown for Crucified Christ	\$165
Thursday, April 17th	Holy Thursday (p.m.)	Flower Frame for Crucifixion Icon	\$75
Thursday, April 17th	Holy Thursday (p.m.)	3 Candles for Crucifix	\$25
Thursday, April 17th	Holy Thursday (p.m.)	12 Candles for Gospel Readings	\$72
Thursday, April 17th	Holy Thursday (a.m.)	Eggs (1/2 case) (Large Brown)	
Friday, April 18th	Holy Friday	Epitaphio flowers , which includes the following: Cut Lilies, Carnations, Roses, Daphne, Laurel, Rose petals, etc.	
Friday, April 18th	Holy Friday (afternoon)	Rose or Orange Blossom Water (2)	
Friday, April 18th	Holy Friday (afternoon)	White Full Size Sheet	
Friday, April 18th	Holy Friday (afternoon)	Flower Frame for Apokathelosis Icon	\$75
Friday, April 18th	Holy Friday (p.m.)	Red Roses (for Choir & Chanters)	\$25
Friday, April 18th	Holy Friday (p.m.)	Flower petals (Myrofores baskets)	\$35
Friday, April 18th	Holy Friday (p.m.)	Flower Frame for Extreme Humility Icon	\$75
Friday, April 18th	Holy Saturday (a.m.)	Flower frame for Proti Anastasi Icon	\$75
Saturday, April 19th	Holy Saturday (p.m.)	Potted Lilies (12)	\$190
Saturday, April 19th	Holy Saturday (p.m.)	Flower Frame for Anastasi Icon	\$75
Saturday, April 19th	Holy Saturday (p.m.)	Flower shelf for Jesus Icon (Altar)	\$85
Saturday, April 19th	Holy Saturday (p.m.)	Flower shelf for Panagia Icon (Altar)	\$85
Saturday, April 19th	Holy Saturday (p.m.)	Flower Shelf for St. John the Baptist (Altar)	\$85
Saturday, April 19th	Holy Saturday (p.m.)	Flower Shelf for St. George Icon	\$85
Sunday, April 20th	Easter Sunday	Items for Easter Egg Hunt	\$50

Great Lent Schedule 2025

Week 1

Sunday, March 2 – Cheesefare/Forgiveness Sunday

- *8:30 am Orthros
- *9:30 am Divine Liturgy
- *5:00 pm Lenten Vespers followed by dinner
(Κατανυκτικός Εσπερινός)

Monday, March 3 - Clean Monday

- *10:00 am Holy Unction

Tuesday, March 4

- *5:30 pm Great Compline
- *6:30 pm Bible Study

Wednesday, March 5

- *8:30 am Presanctified Liturgy

Friday, March 7

- *6:30 pm 1st Salutations to the Virgin Mary
(Οι Χαιρετισμοί της Θεοτόκου)

Saturday, March 8 – 3rd Saturday of the souls

- *8:30 am Orthros & 9:30 am Divine Liturgy
- *5:30 pm Vespers

Week 2

Sunday, March 9 – Sunday of Orthodoxy

- *8:30 am Orthros
- *9:30 am Divine Liturgy
- *5:00 pm Altar boy trip
- *5:00 pm Mission Vespers - St. Basil's
Watervliet

Tuesday, March 11

- *5:30 pm Great Compline

Friday, March 14

- *6:30 pm 2nd Salutations to the Virgin Mary
(Οι Χαιρετισμοί της Θεοτόκου)

Saturday, March 15

- *5:30 pm Vespers

Week 3

Sunday, March 16 – St. Gregory Palamas

- *8:30 am Orthros
- *9:30 am Divine Liturgy
- *5:00 pm Mission Vespers - St. George –
South Glens Falls

Tuesday, March 18

- *5:30 pm Great Compline
- *6:30 pm Dinner and Q and A with Father

Friday, March 21

- *6:30 pm 3rd Salutations to the Virgin Mary
(Οι Χαιρετισμοί της Θεοτόκου)

Saturday, March 22

- *9:00 am Lenten Retreat - Teens at St. Basil's
Academy

Week 4

Sunday, March 23 – Holy Cross

- *8:30 am Orthros
- *9:30 am Divine Liturgy
- *5:00 pm Mission Vespers - St. George –
Albany

Monday, March 24

- *6:30 pm Great Vespers

Tuesday, March 25 - Annunciation of the Theotokos

- *8:30 am Orthros & Divine Liturgy
- *5:30 pm Great Compline
- *6:30 pm Bible Study

Friday, March 28

- *6:30 pm 4th Salutations to the Virgin Mary - (Οι
Χαιρετισμοί της Θεοτόκου)

Saturday, March 29

- *5:30 pm Vespers



Welcome to St. George Greek Orthodox Church

Week 5

Sunday, March 30- St. John Climacus

*8:30 am Orthros

*9:30 am Divine Liturgy

Greek Independence Day Parade

*5:00 pm Mission Vespers - St. Innocent-
Oneonta

Tuesday, April 1

*5:30 pm Great Compline

*6:30 pm Dinner and Q and A with Father

Wednesday, April 2

*8:30 am Presanctified Liturgy

Friday, April 4

*6:30 pm Akathist Hymn

Saturday, April 5

*1:30 pm St. Basil's, Troy - Youth Retreat

*5:30 pm Vespers

Week 6

Sunday, April 6 – St. Mary of Egypt

*8:30 am Orthros

*9:30 am Divine Liturgy

*5:00 pm Mission Vespers - St. Basil's - Troy

Tuesday, April 8

*5:30 pm Great Compline

Lenten Prayers and Hymns

Οἶμοι! ὁ Ἀδάμ, ἐν θρήνω κέκραγεν, ὅτι ὄφιν καὶ γυνή, θεϊκῆς παρρήσιας με ἔξωσαν, καὶ Παραδείσου τῆς τρυφῆς ξύλου βρώσις ἠλλοτριώσεν. Οἶμοι! οὐ φέρω λοιπόν τὸ ὄνειδος, ὁ ποτὲ βασιλεὺς τῶν ἐπιγείων πάντων κτισμάτων Θεοῦ, νῦν αἰχμάλωτος ὤφθη, ὑπὸ μιᾶς ἀθέσμου συμβουλῆς, καὶ ὁ ποτὲ δόξαν ἀθανασίας ἠμφισμένος, τῆς νεκρώσεως τὴν δοράν, ὡς θνητὸς ἐλεεινῶς περιφέρω. Οἶμοι! τίνα τῶν θρήνων συνεργάτην ποιήσομαι; Ἀλλὰ σὺ Φιλάνθρωπε, ὁ ἐκ γῆς δημιουργήσας με, εὐσπλαχνίαν φορέσας, τῆς δουλείας τοῦ ἐχθροῦ, ἀνακάλεσαι καὶ σῶσόν με.

“Woe is me!” cried Adam in lament, “that a serpent and a woman have deprived me of intimate communion with God; and eating from the tree has estranged me from the Paradise of delight. Woe is me, for I cannot bear the disgrace! Once the king of all God’s creatures on the earth, I am now viewed as a hostage because of one piece of illicit advice; and though once vested with the glory of immortality, I, as mortal, carry about the skin of deadness lamentably. Woe is me! Which lamentation shall I enlist to collaborate with me? But You, Friend of man, who fashioned me from the earth, and who donned compassion; recall me from servitude to the enemy and save me.”

****The Sacrament of Holy Confession is on Saturday nights at 6:30 pm and also may be requested and ministered after any service.***

Contact Fr. Neofitos at 347-256-6723 or the church office at 518-393-0742

Holy Week Schedule 2025

Saturday, April 12 - Saturday of Lazarus

*8:30 am Orthros & Divine Liturgy

*9:30 am Holy Week Youth Retreat - Divine Liturgy, Palm Cross Making

Sunday, April 13 - Palm Sunday,

*8:30 am Orthros

*9:30 am Divine Liturgy

*6:30 pm Bridegroom Service

Holy Monday, April 14

*6:30 pm Bridegroom Service

Holy Tuesday, April 15

*6:30 pm Bridegroom Service

Holy Wednesday, April 16

*6:00 pm Holy Unction Service

Holy Thursday, April 17 - The Mystical/ Last Supper

*9:30 am Vespereal Liturgy

*6:00 pm The 12 Gospels - The Passion of Christ

Holy Friday, April 18

*9:00 am Royal Hours

*3:00 pm Apokathelosis

*6:00 pm Epitaphios, Lamentations and Procession

Holy Saturday, April 19

*9:30 am Vespereal Liturgy

*11:00 pm Resurrection Service

Sunday, April 20 - Great and Holy Pascha

*10:30 am Agape Service

*11:30 am Easter Egg Hunt and Snacks

Services for the Feast of St. George

Tuesday, April 22

*6:30 pm Great Vespers for St. George

Wednesday, April 23 - Feast of St. George

*8:30 am Orthros & Divine Liturgy

*6:30 pm Akathist to St. George





Welcome to St. George Greek Orthodox Church

St. George Greek Orthodox Church
107 Clinton Street
Schenectady, NY 12305

