

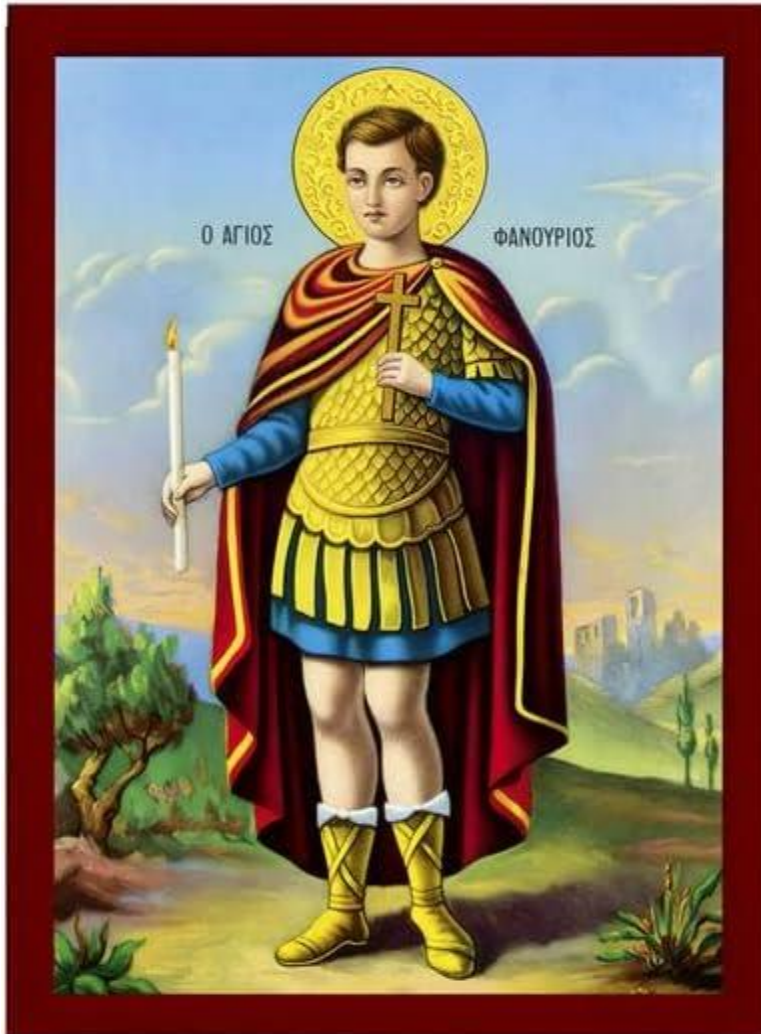


SUNDAY BULLETIN

Saint George Greek Orthodox Church
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12th Sunday of Matthew

August 27, 2023



Today we celebrate the 12th Sunday of Matthew, Pimen the Great, Holy Martyr Phanurius , Anthousa the Martyr



Welcome to St. George Greek Orthodox Church

HYMNS OF THE DAY

Ἀπολυτίκιον Ἀναστάσιμον

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Apolytikion of St. George

Ὡς τῶν αἰχμαλώτων ελευθερωτῆς, καὶ τῶν πτωχῶν υπερασπιστῆς, ἀσθενούντων ἰατρός, βασιλέων υπέρμαχος, τροπαιοφόρε μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον

Ἰωακείμ καὶ Ἄννα ὄνειδισμοῦ ἀτεκνίας, καὶ Ἀδὰμ καὶ Εὐὰ, ἐκ τῆς φθορᾶς τοῦ θανάτου, ἠλευθερώθησαν, Ἄχραντε, ἐν τῇ ἀγίᾳ γεννήσει σου· αὐτὴν ἐορτάζει καὶ ὁ λαός σου, ἐνοχῆς τῶν πταισμάτων, λυτρωθεὶς ἐν τῷ κράτει σοι· Ἡ στῆρα τίκτει τὴν Θεοτόκον, καὶ τροφὸν τῆς ζωῆς ἡμῶν.

Epistle Reading Ephesians 6:10-17

Brethren, I would remind you in what terms I preached to you the gospel, which you received, in which you stand, by which you are saved, if you hold it fast - unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the scriptures, that he was buried, that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then he appeared to James, then to all the apostles. Last of all, as to one untimely birth, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God, I am what I am, and his grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God which is with me. Whether then it was I or they, so we preach and so you believed.

Resurrectional Apolytikion

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

Apolytikion of St. George

Liberator of captives, defender of the Poor, physician of the sick and champion of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

Kontakion

Both Joachim and Anna from their sterility's stigma, and Adam and Eve from their mortality's ruin have been set free, O immaculate Maid, by your holy nativity. For this do your people hold celebration, redeemed from the guilt of transgression as they cry to you, "The barren one bears the Theotokos, the nourisher of our Life."



Welcome to St. George Greek Orthodox Church

Gospel Reading Matthew 19:16-26

At that time, a young man came up to Jesus, kneeling and saying, "Good Teacher, what good deed must I do, to have eternal life?" And he said to him, "Why do you call me good? One there is who is good. If you would enter life, keep the commandments." He said to him, "Which?" And Jesus said, "You shall not kill, You shall not commit adultery, You shall not steal, You shall not bear false witness, Honor your father and mother, and You shall love your neighbor as yourself." The young man said to him, "All these I have observed; what do I still lack?" Jesus said to him, "If you would be perfect, go, sell what you possess and give to the poor, and you will have treasure in heaven; and come, follow me." When the young man heard this he went away sorrowful; for he had great possessions. And Jesus said to his disciples, "Truly, I say to you, it will be hard for a rich man to enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." When the disciples heard this they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

Today in Church

Today we celebrate the feastday of St. Phanourios.

Usher Assignment

Sunday, August 27, 2023 Toni Kananis, Arji Cakouros
Sunday, September 3, 2023 Lucy Brady, Jan Gallas

2023 PARISH COUNCIL: Brian Goodale, President; Maria Dostis, Vice President; Alexandra Casey, Treasurer; Balwant Kingra, Secretary; Lucy Brady, Arji Cakouros, Dimitri Koutsopoulos, Maria Stamoulis, Dino Orfan

Upcoming Events

Sunday, August 27, 2022	8:30am Orthros – 12 th Sunday of Matthew 9:30am Divine Liturgy
Tuesday, August 29, 2023	8:30am Orthros – Beheading of John the Baptist 9:30am Divine Liturgy
Friday, September 1, 2023	Ecclesiastical New Year
Sunday, September 3, 2023	8:30am Orthros – 13 th Sunday of Matthew 9:30am Divine Liturgy



Welcome to St. George Greek Orthodox Church

FANOUPITA RECIPE (SAINT FANOURIOS CAKE)

An amazing moist aromatic Fanouropita / Phanouropita cake scented with the aromas and blends of cinnamon and ground clove, with sweet raisins and chopped walnuts!

A very easy and simple recipe that requires no special equipment or electric mixer for everyone to try out.

The tradition of "Greek fasting cake for lost things" (Fanouropita/ Saint Fanourios cake)

Each year on the Eve of 27th of August Greek Orthodox's bake a cake called Fanouropita to honour Saint Fanourios. Then they bring the Fanouropita to church to be blessed (ευχή).

Saint Fanourios is the Saint for "lost things". His name comes from the word "faneron", which means "I reveal" and worshipers ask him to help find people or lost things. So every time they search for something or someone they thank him for his help baking this Fanouropita cake ("Cake for lost things").

Number of Ingredients for Fanouropita cake should be 7 or 9.

"Fanouropita" is a fasting cake, but many variations of the recipe can be found. Fanouropita cake is made traditionally using either 7 or 9 ingredients, which numbers symbolise the mysteries of the church, the days of creation, and the angels' battalions.

In this recipe we use 9 ingredients

Author: Eli K. Giannopoulos Prep Time: 10 min Cook Time: 50 min Total Time: 1 hour Yield: 8-10 portions

Moist aromatic Fanouropita recipe (St. Fanourios cake) scented with the aromas of cinnamon and clove, with sweet raisins and chopped walnuts!

Ingredients

1. 1 cup seed oil
2. 1 cup granulated sugar
3. 1 cup orange juice
4. 1 tsp baking soda
5. 1 tsp ground cinammon
6. 1/2 tsp grond clove
7. 3 cups self-rising flour
8. 80g/ 3 oz. raisins
9. 80g/ 3 oz. chopped walnuts