



SUNDAY

# BULLETIN

**Saint George Greek Orthodox Church**  
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**2<sup>nd</sup> Sunday of Luke**

**October 1, 2023**

## **National Church Music Sunday** **Prayers for Church Musicians**

**PRIEST:** In the Name of the Father, Son, and Holy Spirit. AMEN

O Heavenly Father, on this day proclaimed National Church Music Sunday by our Archdiocese, our parish recognizes the women, men, and youth in our parish who give their time and musical talent in service to You, our Lord, and to Your Church.

Bless them, O Lord, as they sing praises to You, and glorify Your Name. Let their music be a witness to Your majesty and love, and remind us all of Your presence in our lives.

Help them to bring the Word of God to our parish family through Your music, through chant and hymn singing.

Help them to fulfill all the responsibilities this music ministry requires. Giving of time and talents to learn the hymns of our faith, teaching others these musical prayers, actively participating in the dialogue of our worship, and striving to enhance the beauty of our liturgical life.

Help them to grow as disciples of the Lord by making every effort to hear the Word of God, integrate His teachings into our lives, and sharing it with others through music.

Master, Lord our God, You commanded that everything be done for Your glory. By Your blessing, stretch forth Your hand to these Your servants who sing hymns of praise for Your glory. Grant them the wisdom and ability to sing our Orthodox prayers. Grant them good health, a happy life, and bless their good efforts. For You are a gracious God and to You we give glory, together with Your Father who is eternal and Your All Holy Good and Life-giving Spirit, now and forevermore. Amen





# Welcome to St. George Greek Orthodox Church

## HYMNS OF THE DAY

### Ἀπολυτίκιον Ἀναστάσιμον

Ἐξ ὕψους κατήλθες ὁ Εὐσπλαγχνος, ταφήν  
κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς  
τῶν παθῶν. Ἡ ζωὴ καὶ ἡ ἀνάστασις ἡμῶν,  
Κύριε δόξα σοι.  
Τῆς Θεοτόκου

### Τοῦ Ἁγ. Ἀνανίου

Ἀπόστολε Ἁγίε Ἀνανία, πρέσβευε τῷ ἐλεήμονι  
Θεῷ, ἵνα πταισμάτων ἄφεςιν, παράσχη ταῖς  
ψυχαῖς ἡμῶν.

### Τοῦ Ἁγ. Ρωμανοῦ

Ἐν σοὶ Πάτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα·  
λαβὼν γὰρ τὸν σταυρόν, ἠκολούθησας τῷ  
Χριστῷ καὶ πράττων ἐδίδασκες· ὑπερορᾶν μὲν  
σαρκός, παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ  
ψυχῆς πράγματος ἀθανάτου. Διὸ καὶ μετὰ  
Ἀγγέλων συναγάζεται, Ὅσιε Ρωμανέ, τὸ  
πνεῦμά σου.

### Apolytikion of St. George

Ὡς τῶν αιχμαλώτων ἐλευθερωτῆς, καὶ τῶν  
πτωχῶν υπερασπιστῆς, ἀσθενούντων ἰατρός,  
βασιλέων υπέρμαχος, τροπαιοφόρε  
μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ  
Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

### Κοντάκιον

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε,  
μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ  
παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ  
πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν  
ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι·  
Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς  
ἰκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν  
τιμώντων σε.

### Ἀπολυτίκιον Ἀναστάσιμον

You descended from on high, O  
compassionate One, and consented to a  
three-day burial, to free us from the passions.  
O Lord, our life and resurrection, glory to You!

### For St. Ananias

O holy Apostle Ananias, make intercession to  
our merciful God, that He grant our souls  
forgiveness of offenses.

### For St. Romanos

In you, O Father, is preserved undistorted  
what was made in the image of God; for  
taking up the cross, you followed Christ and  
by example taught, that we should overlook  
the flesh, since it passes away, and instead  
look after the soul, since it is immortal. And  
therefore, O devout Romanos, your spirit  
rejoices with the angels.

### Apolytikion of St. George

Liberator of captives, defender of the Poor,  
physician of the sick and champion of kings,  
O trophy-bearer, Great Martyr George,  
intercede with Christ God that our souls be  
saved.

### Kontakion

O Protection of Christians that never fails,  
intercession with the Creator that never fails,  
we sinners beg you, do not ignore the voices  
of our prayers. O good Lady, we implore you,  
quickly come unto our aid, when we cry out  
to you with faith. Hurry to intercession, and  
hasten to supplication, O Theotokos who  
protect now and ever those who honor you.



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## **Epistle Reading II Corinthians 6:16-18;7:1**

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore, come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

## **Gospel Reading Luke 6:31-36**

The Lord said, "And as you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

## **Today in Church**

Today we celebrating Church Music Sunday. Sunday School following communion.

## **Usher Assignment**

October 1, 2023 Toni Kananis, Arji Cakouros  
October 8, 2023 Lucy Brady, Jan Gallas

**2023 PARISH COUNCIL:** Brian Goodale, President; Maria Dostis, Vice President; Alexandra Casey, Treasurer; Balwant Kingra, Secretary; Lucy Brady, Arji Cakouros, Dimitri Koutsopoulos, Maria Stamoulis, Dino Orfan

## **Upcoming Events**

Sunday, October 1, 2023

8:30am Orthros – 2<sup>nd</sup> Sunday of Luke  
9:30am Divine Liturgy  
Church Music Sunday  
Sunday School following Communion  
4:00pm Festival Volunteer Appreciation BBQ

Wednesday, October 4, 2023

4:00pm Youth Greek School via Zoom  
5:00pm Adult Greek School via Zoom

Thursday, October 5, 2023

4:30pm Greek School



# Welcome to St. George Greek Orthodox Church

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## **Saint Romanos the Melodist**

The hymnologists of the Orthodox Church are Christians of virtue and great faith, having been endowed with musical talent as well as the power of religious inspiration. Their creations enrich our worship services and help turn our souls towards God. Perhaps the greatest of all hymnologists is St. Romanos the Melodist. Many other hymnologists wrote ecclesiastical hymns, but none of them inspired the Christians as much as St. Romanos.

Romanos was a Syrian Christian who lived in the beginning of the 6th century. A convert to Orthodoxy from Judaism, he was ordained a deacon and served in the Church of Beirut. His talent was great. Unlike others, he wrote his hymns in simple language and produced a pleasant meter in the verse by the way he accented words. The hymns he composed appealed to the hearts of the people, and are still sung today.

Romanos has been called "Sweet Singer" (Glykophonos), "Melodist" (Melodhos), and "Righteous Chanter" (Psaltis Dhikeosinis). He wrote hundreds of hymns celebrating the mystery of the Incarnation, the Crucifixion, the Resurrection, and the living of a Christian life. One of his most famous compositions is the hymn celebrating the Nativity of our Lord, "Today the Virgin gives birth to One who is above all living things..." (I Parthenos Simeron). St. Romanos is also said to have composed the Akathist Hymn, a kontakion that we still chant during the Friday evening Heretismoι services of Great Lent.

Romanos died on October 1st in 510 AD. He was a productive genius and artist, writing and accenting thousands of kontakia. He has been called the patron saint of all who sing for the Church. Others say he is the leader in the world of religious hymnology. Surely, he has made a profound contribution to divine worship and deserves to be recognized

by all who sing and by all who listen to the hymnology of our services.

The first Sunday on or after the Feast of St. Romanos (October 1st) is designated by our Archdiocese as NATIONAL CHURCH MUSIC SUNDAY. Each year on this Sunday, we pause to honor the gifts and contributions of our church musicians — clergy, choir directors, psaltai, choir members, organists, and Church School music educators. We thank them for their devotion to our Church through their ministry of music.