



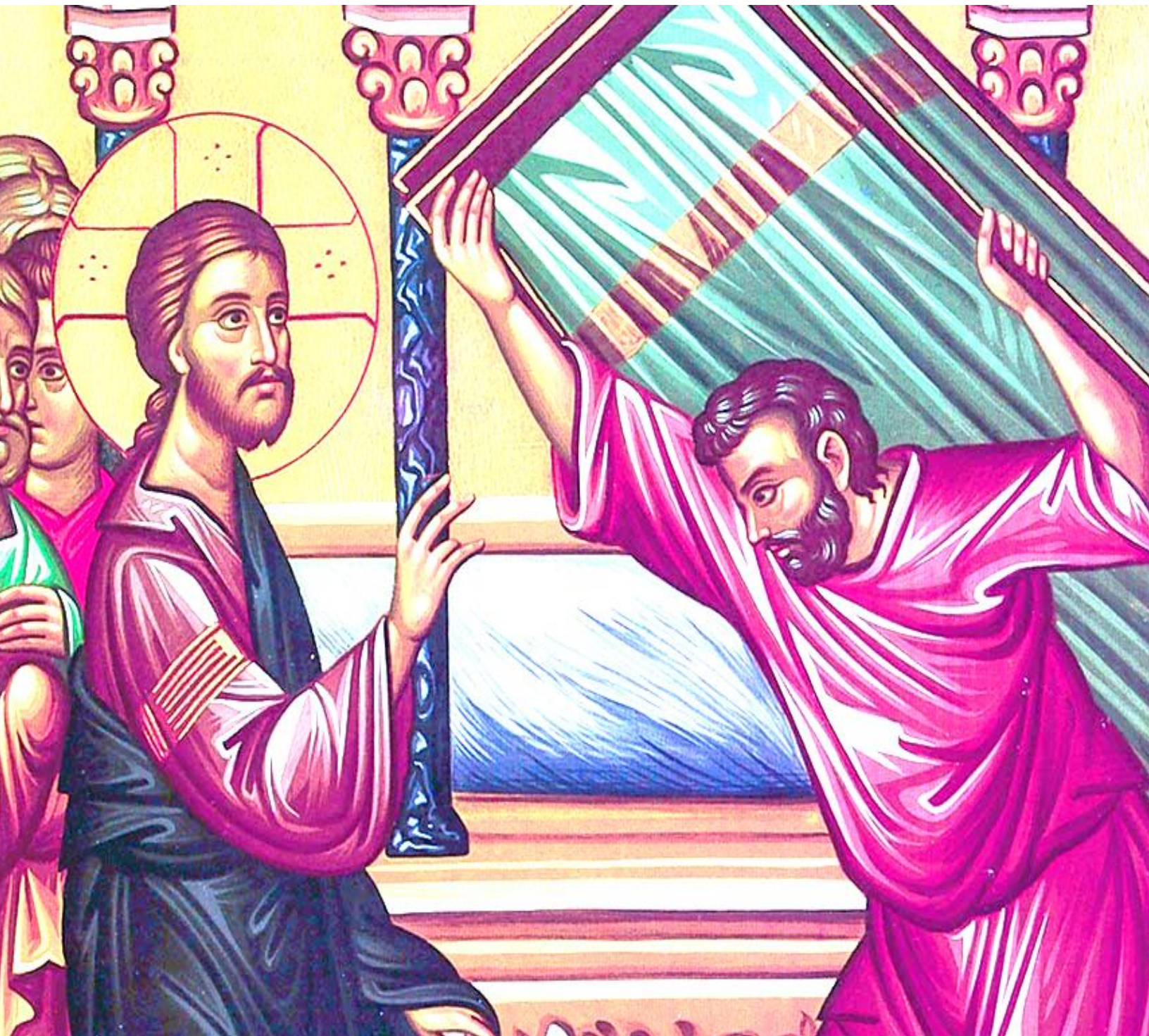
SUNDAY

# BULLETIN

**Saint George Greek Orthodox Church**  
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Sunday of the Paralytic

May 26, 2024



Today we celebrate the Sunday of the Paralytic , Carpos and Alphaeus, Apostles of the 70  
Alexandros the New Martyr of Thessaloniki, George the New of Sofia





## Welcome to St. George Greek Orthodox Church

### READINGS OF THE DAY

#### The Matins Gospel According to Luke 24:12-35

Τῷ καιρῷ ἐκείνῳ, ὁ Πέτρος ἀναστὰς ἔδραμεν ἐπὶ τὸ μνημεῖον, καὶ παρακύψας βλέπει τὰ ὀθόνια κείμενα μόνα, καὶ ἀπήλθε, πρὸς ἑαυτὸν θαυμάζων τὸ γεγονός. Καὶ ἰδοὺ δύο ἐξ αὐτῶν ἦσαν πορευόμενοι ἐν αὐτῇ τῇ ἡμέρᾳ εἰς κώμην ἀπέχουσαν σταδίου ἐξήκοντα ἀπὸ Ἱερουσαλήμ, ἣ ὄνομα Ἐμμαούς, καὶ αὐτοὶ ὠμίλουσαν πρὸς ἀλλήλους περὶ πάντων τῶν συμβεβηκότων τούτων. Καὶ ἐγένετο ἐν τῷ ὀμιλεῖν αὐτοὺς καὶ συζητεῖν, καὶ αὐτὸς ὁ Ἰησοῦς ἐγγίσας συνεπορεύετο αὐτοῖς· οἱ δὲ ὀφθαλμοὶ αὐτῶν ἐκρατοῦντο τοῦ μὴ ἐπιγνῶναι αὐτόν. Εἶπε δὲ πρὸς αὐτούς· Τίνες οἱ λόγοι οὗτοι οὐς ἀντιβάλλετε πρὸς ἀλλήλους περιπατοῦντες, καὶ ἐστὲ σκυθρωποί; Ἀποκριθεὶς δὲ ὁ εἷς, ᾧ ὄνομα Κλεόπας, εἶπε πρὸς αὐτόν· Σὺ μόνος παροικεῖς ἐν Ἱερουσαλήμ, καὶ οὐκ ἔγνωσ τὰ γενόμενα ἐν αὐτῇ ἐν ταῖς ἡμέραις ταύταις; καὶ εἶπεν αὐτοῖς· Ποῖα; Οἱ δὲ εἶπον αὐτῷ· Τὰ περὶ Ἰησοῦ τοῦ Ναζωραίου, ὃς ἐγένετο ἀνὴρ προφήτης δυνατὸς ἐν ἔργῳ καὶ λόγῳ ἐναντίον τοῦ Θεοῦ καὶ παντὸς τοῦ λαοῦ· ὅπως τε παρέδωκεν αὐτόν οἱ ἀρχιερεῖς καὶ οἱ ἄρχοντες ἡμῶν εἰς κριμα θανάτου, καὶ ἐσταύρωσαν αὐτόν· ἡμεῖς δὲ ἠλπίζομεν ὅτι αὐτὸς ἐστὶν ὁ μέλλων λυτροῦσθαι τὸν Ἰσραήλ. Ἀλλὰ γε οὐκ οὐκ σὺν πᾶσι τούτοις τρίτην ταύτην ἡμέραν ἄγει σήμερον, ἀφ' οὗ ταῦτα ἐγένετο. Ἀλλὰ καὶ γυναῖκες τινες ἐξ ἡμῶν ἐξέστησαν ἡμᾶς, γενόμεναι ὀρθραὶ ἐπὶ τὸ μνημεῖον, καὶ μὴ εὐροῦσαι τὸ σῶμα αὐτοῦ, ἤλθον λέγουσαι καὶ ὀπτασίαν ἀγγέλων ἑώρακεναι, οἱ λέγουσιν αὐτὸν ζῆν. Καὶ ἀπήλθον τινες τῶν σὺν ἡμῖν ἐπὶ τὸ μνημεῖον, καὶ εὔρον οὕτω καθὼς καὶ αἱ γυναῖκες εἶπον· αὐτόν δὲ οὐκ εἶδον. Καὶ αὐτὸς εἶπε πρὸς αὐτούς· Ὡ ἀνόητοι καὶ βραδεῖς τῇ καρδίᾳ τοῦ πιστεύειν ἐπὶ πᾶσιν οἷς ἐλάλησαν οἱ Προφῆται. Οὐχὶ ταῦτα ἔδει παθεῖν τὸν Χριστὸν καὶ εἰσελθεῖν εἰς τὴν δόξαν αὐτοῦ; Καὶ ἀρξάμενος ἀπὸ Μωσέως καὶ ἀπὸ πάντων τῶν προφητῶν, διηρμήνευεν αὐτοῖς ἐν πάσαις ταῖς Γραφαῖς τὰ περὶ ἑαυτοῦ. Καὶ ἤγγισαν εἰς τὴν κώμην οὗ ἐπορεύοντο, καὶ αὐτὸς προσεποιεῖτο πορρωτέρω πορεύεσθαι. Καὶ παρεβιάσαντο αὐτόν, λέγοντες· Μείνον μεθ' ἡμῶν, ὅτι πρὸς ἐσπέραν ἐστὶ καὶ κέκλικεν ἡ ἡμέρα. Καὶ εἰσῆλθε τοῦ μείναι σὺν αὐτοῖς. Καὶ ἐγένετο ἐν τῷ κατακλιθῆναι αὐτόν μετ' αὐτῶν, λαβὼν τὸν ἄρτον εὐλόγησε, καὶ κλάσας ἐπέδιδου αὐτοῖς. Αὐτῶν δὲ διηνοιχθησαν οἱ ὀφθαλμοί, καὶ ἐπέγνωσαν αὐτόν· καὶ αὐτὸς ἄφαντος ἐγένετο ἀπ' αὐτῶν. Καὶ εἶπον πρὸς ἀλλήλους· Οὐχὶ ἡ καρδία ἡμῶν καιομένη ἦν ἐν ἡμῖν, ὡς ἐλάλει ἡμῖν ἐν τῇ ὁδῷ, καὶ ὡς διηνοιγεν ἡμῖν τὰς Γραφάς; Καὶ ἀναστάντες αὐτῇ τῇ ὥρᾳ, ὑπέστρεψαν εἰς Ἱερουσαλήμ, καὶ εὔρον συνηθροισμένους τοὺς ἕνδεκα καὶ τοὺς σὺν αὐτοῖς, λέγοντας, ὅτι ἠγέρθη ὁ Κύριος ὄντως, καὶ ὤφθη Σίμωνι. Καὶ αὐτοὶ ἐξηγοῦντο τὰ ἐν τῇ ὁδῷ, καὶ ὡς ἐγνώσθη αὐτοῖς ἐν τῇ κλάσει τοῦ ἄρτου.

At that time, [Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home wondering at what had happened. That very day] two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus Himself drew near and went with them. But their eyes were kept from recognizing Him. And He said to them, "What is this conversation which you are holding with each other as you walk?" and they stood still, looking sad. Then one of them, named Cleopas, answered Him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And He said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered Him up to be condemned to death and crucified Him. But we had hoped that He was the one to redeem Israel. Yes, and besides all this, it is now the third day since this happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning and did not find His body; and they came back saying that they had even seen a vision of angels, who said that He was alive. Some of those who were with us went to the tomb and found it just as the women had said, but Him they did not see." And He said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was not it necessary that the Christ should suffer these things and enter this glory?" And

#### The reading is from the Acts of the Apostles 9:32-42

Ἐν ταῖς ἡμεραῖς ἐκείναις, ἐγένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἀγίους τοὺς κατοικοῦντας Λύδδαν. Εὔρεν δὲ ἐκεῖ ἀνθρωπὸν τινα Αἰνέαν ὀνόματι, ἐξ ἐτῶν ὀκτὼ κατακείμενον ἐπὶ κρᾶββάτῳ, ὃς ἦν παραλελυμένος. Καὶ εἶπεν αὐτῷ ὁ Πέτρος, Αἰνέα, ἰᾶταί σε Ἰησοῦς ὁ Χριστός· ἀνάστηθι καὶ στρώσον σεαυτῷ. Καὶ εὐθέως ἀνέστη. Καὶ εἶδον αὐτόν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Ἀσάρωνα, οἵτινες ἐπέστρεψαν ἐπὶ τὸν κύριον. Ἐν Ἰόπη δὲ τις ἦν μαθήτρια ὀνόματι Ταβηθά, ἣ διερμηνευομένη λέγεται Δορκάς· αὕτη ἦν πλήρης ἀγαθῶν ἔργων καὶ ἐλεημοσυνῶν ὧν ἐποίει. Ἐγένετο δὲ ἐν ταῖς ἡμεραῖς ἐκείναις ἀσθενήσασαν αὐτὴν ἀποθανεῖν· λούσαντες δὲ αὐτὴν ἔθηκαν ἐν ὑπερώῳ. Ἐγγὺς δὲ οὐσης Λύδδης τῇ Ἰόπη, οἱ μαθηταὶ ἀκούσαντες ὅτι Πέτρος ἐστὶν ἐν αὐτῇ, ἀπέστειλαν πρὸς αὐτόν, παρακαλοῦντες μὴ ὀκνήσει διελθεῖν ἕως αὐτῶν. Ἀναστὰς δὲ Πέτρος συνῆλθεν αὐτοῖς· ὃν παραγενόμενον ἀνήγαγον εἰς τὸ ὑπερῶν, καὶ παρέστησαν αὐτῷ πᾶσαι αἱ χῆραι κλαίουσαι καὶ ἐπιδεικνύμεναι χιτῶνας καὶ ἱμάτια ὅσα ἐποίει μετ' αὐτῶν οὕσα ἡ Δορκάς. Ἐκβαλὼν δὲ ἔξω πάντας ὁ Πέτρος θείας τὰ γόνατα προσηύξατο· καὶ ἐπιστρέψας πρὸς τὸ σῶμα, εἶπεν, Ταβηθά, ἀνάστηθι. Ἡ δὲ ἤνοιξεν τοὺς ὀφθαλμοὺς αὐτῆς· καὶ ἰδοῦσα τὸν Πέτρον, ἀνεκάθισεν. Δοὺς δὲ αὐτῇ χεῖρα, ἀνέστησεν αὐτήν· φωνήσας δὲ τοὺς ἀγίους καὶ τὰς χήρας, παρέστησεν αὐτὴν ζῶσαν. Γνωστὸν δὲ ἐγένετο καθ' ὅλης τῆς Ἰόπης, καὶ πολλοὶ ἐπίστευσαν ἐπὶ τὸν Κύριον.



## Welcome to St. George Greek Orthodox Church

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So, Peter rose and went with them. And when he came, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter, she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

### The Gospel According to John 5:1-15

Τῷ καιρῷ ἐκείνῳ, ἀνέβη ὁ Ἰησοῦς εἰς Ἱεροσόλυμα. Ἔστι δὲ ἐν τοῖς Ἱεροσολύμοις ἐπὶ τῆ προβατικῆ κολυμβήθρα, ἡ ἐπιλεγομένη Ἑβραϊστὶ Βηθεσδα, πέντε στοὰς ἔχουσα. ἐν ταύταις κατέκειτο πλῆθος πολὺ τῶν ἀσθενούντων, τυφλῶν, χωλῶν, ξηρῶν, ἐκδεχομένων τὴν τοῦ ὕδατος κίνησιν. ἄγγελος γὰρ κατὰ καιρὸν κατέβαινεν ἐν τῇ κολυμβήθρα, καὶ ἐταράσσετο τὸ ὕδωρ· ὁ οὖν πρῶτος ἐμβὰς μετὰ τὴν παραχῆν τοῦ ὕδατος ὑγιῆς ἐγένετο ὃς δήποτε κατείχετο νοσήματι. ἦν δὲ τις ἄνθρωπος ἐκεῖ τριάκοντα καὶ ὀκτῶ ἔτη ἔχων ἐν τῇ ἀσθενείᾳ αὐτοῦ. τοῦτον ἰδὼν ὁ Ἰησοῦς κατακείμενον, καὶ γνοὺς ὅτι πολὺν ἤδη χρόνον ἔχει, λέγει αὐτῷ· θέλεις ὑγιῆς γενέσθαι; ἀπεκρίθη αὐτῷ ὁ ἀσθενῶν· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα ὅταν παραχθῆ τὸ ὕδωρ, βάλῃ με εἰς τὴν κολυμβήθραν· ἐν ᾧ δὲ ἔρχομαι ἐγώ, ἄλλος πρὸ ἐμοῦ καταβαίνει. λέγει αὐτῷ ὁ Ἰησοῦς· ἔγειρε, ἄρον τὸν κράβαττόν σου καὶ περιπάτει. καὶ εὐθέως ἐγένετο ὑγιῆς ὁ ἄνθρωπος, καὶ ἦρε τὸν κράβαττον αὐτοῦ καὶ περιεπάτει. ἦν δὲ σάββατον ἐν ἐκείνῃ τῇ ἡμέρᾳ. ἔλεγον οὖν οἱ Ἰουδαῖοι τῷ τεθεραπευμένῳ· σάββατόν ἐστιν· οὐκ ἐξεστὶ σοὶ ἄραι τὸν κράβαττον. ἀπεκρίθη αὐτοῖς· ὁ ποιήσας με ὑγιῆ, ἐκείνός μοι εἶπεν· ἄρον τὸν κράβαττόν σου καὶ περιπάτει. ἠρώτησαν οὖν αὐτόν· τίς ἐστιν ὁ ἄνθρωπος ὁ εἰπὼν σοι, ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ὁ δὲ ἰαθεὶς οὐκ ᾔδει τίς ἐστιν· ὁ γὰρ Ἰησοῦς ἐξένευσεν ὄχλου ὄντος ἐν τῷ τόπῳ. μετὰ ταῦτα εὐρίσκει αὐτόν ὁ Ἰησοῦς ἐν τῷ ἱερῷ καὶ εἶπεν αὐτῷ· ἴδε ὑγιῆς γέγονας· μηκέτι ἀμάρτανε, ἵνα μὴ χεῖρόν σοί τι γένηται. ἀπήλθεν ὁ ἄνθρωπος καὶ ἀνήγγειλε τοῖς Ἰουδαίοις ὅτι Ἰησοῦς ἐστιν ὁ ποιήσας αὐτόν ὑγιῆ.

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going other steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So, the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

### Save The Dates:

- **June 9 – Honoring our Graduates and appreciating our Ministry Leaders**
- **June 13, 5:30pm – Greek School/ Sunday School year-end Program**
- **June 22 – Psychosavvato – Saturday of the Souls. Buy your plate today \$11**



# Welcome to St. George Greek Orthodox Church

## HYMNS OF THE DAY

### Ἀπολυτίκιον Ἀναστάσιμον

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιᾶσθω  
τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν  
βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ  
θανάτῳ τὸν θάνατον· πρωτότοκος τῶν  
νεκρῶν ἐγένετο· ἐκ κοιλίας ἄδου ἐρρύσατο  
ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

### Apolytikion of St. George

Ὡς τῶν αἰχμαλώτων ελευθερωτῆς, καὶ τῶν πτωχῶν  
υπερασπιστῆς, ἀσθενούντων ἰατρὸς, βασιλέων υπέρμαχος,  
τροπαιοφόρε μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ  
Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

### Κοντάκιον τοῦ Πάσχα

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ  
τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ  
ἀνέστης ὡς νικητῆς, Χριστέ ὁ Θεός, γυναιξί  
Μυροφόροις φθεγγόμενος, Χαίρετε, καὶ τοῖς  
σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ  
τοῖς πεσοῦσι παρέχων ἀνάστασιν.

### Resurrectional Apolytikion

Let the heavens be glad. Let the earth  
rejoice exceedingly. For the Lord has  
shown strength with his arm. He trampled  
death by death. He became the first-born of  
the dead. Out of the belly of Hades, He has  
rescued us, and to the world He has granted  
the great mercy.

### Apolytikion of St. George

Liberator of captives, defender of the Poor, physician  
of the sick and champion of kings, O trophy-bearer,  
Great Martyr George, intercede with Christ God that  
He save our souls.

### Kontakion of Pascha

Though You went down into the tomb, O  
Immortal One, yet You brought down  
the dominion of Hades; and You rose as the  
victor, O Christ our God; and You called out  
"Rejoice" to the Myrrh-bearing women, and  
gave peace to Your Apostles, O Lord who to  
the fallen grant resurrection.

## Today in Church

**We Commemorate** the 3 year memorial for Dennis Spyratos. May His memory be eternal.

**2024 PARISH COUNCIL:** Brian Goodale, President; Dino Orfan, Vice President; Alexandra Casey, Treasurer;  
Balwant Kingra, Secretary; Maria Stamoulis; Asst. Treasurer; Lucy Brady, Arji Cakouros, Maria Dostis

## Service Schedule

<b>Sunday, May 26, 2024</b>	8:30am Orthros – Sunday of the Paralytic 9:30am Divine Liturgy
<b>Monday, May 27, 2024</b>	5:30pm Paraklesis to the Virgin Mary
<b>Wednesday, May 29, 2024</b>	8:30am Mid- Pentecost - Orthros and Divine Liturgy Services at St. Sophia
<b>Sunday, June 2, 2024</b>	8:30am Orthros – Sunday of the Samaritan Woman 9:30am Divine Liturgy

## Upcoming Events

Monday, May 27, 2024	Cemetery Blessings: 9:00am at Parkview Cemetery– old Greek Section 10:30am Parkview Cemetery– new Greek Section 12:30pm Other cemeteries Memorial Day – Parish Office closed
Wednesday, May 29, 2024	4:00pm Youth Online Greek School via Zoom
Thursday, May 30, 2024	4:30pm Greek School in-person