



SUNDAY

BULLETIN

Saint George Greek Orthodox Church
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2nd Sunday of Luke

Sunday October 5, 2025



Today we celebrate the 2nd Sunday of Luke, Charitina the Martyr, Methodia the Righteous of Kimolos, Eudokimos the Unknown of Mount Athos



Welcome to St. George Greek Orthodox Church

READINGS OF THE DAY

The Matins Gospel According to Luke 24:36-53

Τῷ καιρῷ ἐκείνῳ, ἀναστὰς ὁ Ἰησοῦς ἐκ νεκρῶν ἔστη ἐν μέσῳ τῶν Μαθητῶν, καὶ λέγει αὐτοῖς· Εἰρήνη ὑμῖν. Πτοηθέντες δὲ καὶ ἔμφοβοι γενόμενοι, ἐδόκουν πνεῦμα θεωρεῖν. Καὶ εἶπεν αὐτοῖς· Τί τεταραγμένοι ἐστέ, καὶ διατὶ διαλογισμοὶ ἀναβαίνουσιν ἐν ταῖς καρδίαις ὑμῶν; ἴδετε τὰς χεῖράς μου καὶ τοὺς πόδας μου, ὅτι αὐτὸς ἐγώ εἰμι, ψηλαφήσατέ με καὶ ἴδετε, ὅτι πνεῦμα σὰρκα καὶ ὀστέα οὐκ ἔχει, καθὼς ἐμέ θεωρεῖτε ἔχοντα. Καὶ τοῦτο εἰπὼν, ἐπέδειξεν αὐτοῖς τὰς χεῖρας καὶ τοὺς πόδας. Ἔτι δὲ ἀπιστούντων αὐτῶν ἀπὸ τῆς χαρᾶς, καὶ θαυμαζόντων, εἶπεν αὐτοῖς· Ἐχετε τι βρώσιμον ἐνθάδε; Οἱ δὲ ἐπέδωκαν αὐτῷ ἰχθύος ὀπτοῦ μέρος, καὶ ἀπὸ μελισσίου κηρίου. Καὶ λαβὼν, ἐνώπιον αὐτῶν ἔφαγεν. Εἶπε δὲ αὐτοῖς· Οὗτοι οἱ λόγοι, οὓς ἐλάλησα πρὸς ὑμᾶς ἔτι ὡν σὺν ὑμῖν, ὅτι δεῖ πληρωθῆναι πάντα τὰ γεγραμμένα ἐν τῷ νόμῳ Μωσέως καὶ Προφῆταις καὶ Ψαλμοῖς περὶ ἐμοῦ. Τότε διήνοιξεν αὐτῶν τὸν νοῦν, τοῦ συνιέναι τὰς Γραφάς· καὶ εἶπεν αὐτοῖς· Ὅτι οὕτω γέγραπται, καὶ οὕτως εἶδει παθεῖν τὸν Χριστόν, καὶ ἀναστῆναι ἐκ νεκρῶν τῇ τρίτῃ ἡμέρᾳ, καὶ κηρυχθῆναι ἐπὶ τῷ ὀνόματι αὐτοῦ μετάνοιαν καὶ ἄφεσιν ἁμαρτιῶν εἰς πάντα τὰ ἔθνη, ἀρξάμενον ἀπὸ Ἱερουσαλὴμ. Ὑμεῖς δὲ ἐστε μάρτυρες τούτων. Καὶ ἰδοὺ ἐγὼ ἀποστέλλω τὴν ἐπαγγελίαν τοῦ πατρὸς μου ἐφ' ὑμᾶς· ὑμεῖς δὲ καθίστατε ἐν τῇ πόλει Ἱερουσαλὴμ, ἕως οὗ ἐνδύσησθε δύναμιν ἐξ ὕψους. Ἐξήγαγε δὲ αὐτοὺς ἔξω εἰς Βηθανίαν, καὶ ἐπάρας τὰς χεῖρας αὐτοῦ, εὐλόγησεν αὐτούς. Καὶ ἐγένετο ἐν τῷ εὐλογεῖν αὐτόν αὐτούς, διέστη ἀπ' αὐτῶν, καὶ ἀνεφέρετο εἰς τὸν οὐρανόν. Καὶ αὐτοὶ, προσκυνήσαντες αὐτόν, ὑπέστρεψαν εἰς Ἱερουσαλὴμ μετὰ χαρᾶς μεγάλης. Καὶ ἦσαν διαπαντός ἐν τῷ Ἱερῷ, αἰνοῦντες καὶ εὐλογοῦντες τὸν Θεόν. Ἀμήν.

At that time, having risen from the dead, Jesus went up and stood among His disciples and said to them, "Peace be with you." But they were startled and frightened and supposed that they saw a spirit. And He said to them, "Why are you troubled, and why do questionings rise in your hearts? See My Hands and My feet, that it is I Myself; handle Me and see; for a spirit has not flesh and bones as you see that I have." And when He had said this, He showed them His hands and His feet. And while they still disbelieved for joy, and wondered, He said to them, "Have you anything here to eat?" They gave Him a piece of broiled fish [and some honeycomb], and He took it and ate before them. Then He said to them, "These are My words which I spoke to you, while I was still with you, that everything written about Me in the law of Moses and the prophets and the psalms must be fulfilled." Then He opened their minds to understand the scriptures, and said to them, "Thus it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance and forgiveness of sins should be preached in His name in all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I send the promise of My Father upon you; but stay in the city until you are clothed with power from on high." Then He led them out as far as Bethany, and lifting His hands, He blessed them. While He blessed them, He parted from them and was carried up into heaven. And they worshiped Him, and returned to Jerusalem with great joy, and were continually in the Temple blessing God.

The reading is from St. Paul's Second Letter to the Corinthians 6:16-18; 7:1

Ἀδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ θεὸς ὅτι Ἐνοικήσω ἐν αὐτοῖς, καὶ ἐμπεριπατήσω· καὶ ἔσομαι αὐτῶν θεός, καὶ αὐτοὶ ἔσονται μοι λαός. Διὸ, Ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε· κἀγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore, come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

The Gospel According to Luke 6:31-36

Εἶπεν ὁ Κύριος· καθὼς θέλετε ἵνα ποιῶσιν ὑμῖν οἱ ἄνθρωποι, ποιεῖτε αὐτοῖς ὁμοίως. καὶ εἰ ἀγαπᾶτε τοὺς ἀγαπῶντας ὑμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἁμαρτωλοὶ τοὺς ἀγαπῶντας αὐτοὺς ἀγαπῶσι. καὶ ἐὰν ἀγαθοποιῇτε τοὺς ἀγαθοποιοῦντας ὑμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἁμαρτωλοὶ τὸ αὐτὸ ποιοῦσι. καὶ ἐὰν δανείζητε παρ' ὧν ἐλπίζετε ἀπολαβεῖν, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ ἁμαρτωλοὶ ἁμαρτωλοῖς δανείζουσιν ἵνα ἀπολάβωσι τὰ ἴσα. πλὴν ἀγαπᾶτε τοὺς ἐχθροὺς ὑμῶν καὶ ἀγαθοποιεῖτε καὶ δανείζετε μηδὲν ἀπελπίζοντες, καὶ ἔσται ὁ μισθὸς ὑμῶν πολὺς, καὶ ἔσεσθε υἱοὶ ὑψίστου, ὅτι αὐτὸς χρηστός ἐστιν ἐπὶ τοὺς ἀχαρίστους καὶ πονηροὺς. Γίνεσθε οὖν οἰκτίρμονες, καθὼς καὶ ὁ πατὴρ ὑμῶν οἰκτίρμων ἐστί.

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend them to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting



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nothing in return; and your reward will be great, and you will be sons of the Highest; for he is kind to the ungrateful and the selfish. Be merciful, even as your father is merciful."

HYMNS OF THE DAY

Ἀπολυτίκιον Ἀναστάσιμον

Ἐξ ὕψους κατήλθες ὁ Εὐσπλαγχνος, ταφήν κατεδέξω
τρίημερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ
ἡ ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Apolytikion of St. George

Ὡς τῶν αἰχμαλῶτων ἐλευθερωτῆς, καὶ τῶν πτωχῶν
υπερασπιστῆς, ἀσθενούντων ἱατρός, βασιλέων
υπέρμαχος, τροπαιοφόρε μεγαλομάρτυς Γεώργιε,
πρέσβευε Χριστῷ τῷ Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον

Προσασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς
τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων
φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν
ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι. Τάχυνον εἰς
πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ,
Θεοτόκε, τῶν τιμώντων σε.

Resurrectional Apolytikion

You descended from on high, O compassionate One, and
consented to a three-day burial, to free us from the
passions. O Lord, our life and resurrection, glory to You!

Apolytikion to St. George

Liberator of captives, defender of the Poor, physician of the
sick and champion of kings, O trophy-bearer, Great Martyr
George, intercede with Christ God that our souls be saved.

Kontakion

O Protection of Christians that never falls, intercession with
the Creator that never fails, we sinners beg you, do not
ignore the voices of our prayers. O good Lady, we implore
you, quickly come unto our aid, when we cry out to you with
faith. Hurry to intercession, and hasten to supplication, O
Theotokos who protect now and ever those who honor you.

TODAY IN CHURCH

2025 Parish Council: Brian Goodale, President; Dino Orfan, Vice President; Alexandra Casey, Treasurer.
Maria Stamoulis, Balwant Kingra, Secretary; Lucy Brady, Arji Cakouros

USHERS

Sunday, October 5, 2025 Toni Kananis, Arji Cakouros
Sunday, October 12, 2025 Jan Gallas, Roubina Morgan

SERVICE SCHEDULE

Sunday, October 5, 2025 8:30am Orthros – 2nd Sunday of Luke
9:30am Divine Liturgy

Up Coming Events

Monday, October 6, 2025	6:00pm Level Three Youth Online Greek School
Wednesday, October 8, 2025	4:00pm Youth Online Greek
Thursday, October 9, 2025	12:00pm Senior Fellowship 4:45pm Greek School
Saturday, October 11, 2025	1:00pm Festival Appreciation Lunch
Sunday, October 12, 2025	Church Musicians Sunday



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Saint Romanos the Melodist

The hymnologists of the Orthodox Church are Christians of virtue and great faith, having been endowed with musical talent as well as the power of religious inspiration. Their creations enrich our worship services and help turn our souls towards God. Perhaps the greatest of all hymnologists is St. Romanos the Melodist. Many other hymnologists wrote ecclesiastical hymns, but none of them inspired the Christians as much as St. Romanos.

Romanos was a Syrian Christian who lived in the beginning of the 6th century. A convert to Orthodoxy from Judaism, he was ordained a deacon and served in the Church of Beirut. His talent was great. Unlike others, he wrote his hymns in simple language and produced a pleasant meter in the verse by the way he accented words. The hymns he composed appealed to the hearts of the people, and are still sung today.

Romanos has been called "Sweet Singer" (Glykophonos), "Melodist" (Melodhos), and "Righteous Chanter" (Psaltis Dhikeosinis). He wrote hundreds of hymns celebrating the mystery of the Incarnation, the Crucifixion, the Resurrection, and the living of a Christian life. One of his most famous compositions is the hymn celebrating the Nativity of our Lord, "Today the Virgin gives birth to One who is above all living things..." (I Parthenos Simeron). St. Romanos is also said to have composed the Akathist Hymn, a kontakion that we still chant during the Friday evening Heretismoi services of Great Lent.

Romanos died on October 1st in 510 AD. He was a productive genius and artist, writing and accenting thousands of kontakia. He has been called the patron saint of all who sing for the Church. Others say he is the leader in the world of religious hymnology. Surely, he has made a profound contribution to divine worship and deserves to be recognized

by all who sing and by all who listen to the hymnology of our services.

The first Sunday on or after the Feast of St. Romanos (October 1st) is designated by our Archdiocese as NATIONAL CHURCH MUSIC SUNDAY. Each year on this Sunday, we pause to honor the gifts and contributions of our church musicians — clergy, choir directors, psaltai, choir members, organists, and Church School music educators. We thank them for their devotion to our Church through their ministry of music.

