



SUNDAY

BULLETIN

Saint George Greek Orthodox Church
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Sunday of the Holy Cross

March 15, 2026



Today we commemorate the Sunday of the Holy Cross, Agapius the Martyr & His Companions, Manuel the New Martyr of Crete, Holy Apostle Aristobulos of the Seventy, Bishop of Britain

READINGS OF THE DAY

The Matins Gospel According to John 20:1-10

On the first day of the week, Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. So, she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid Him." Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stopping to look in, he saw the linen clothes lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying and the napkin, which had been on His head, not lying with the linen cloths, but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for yet they did not know the scripture, that He must rise from the dead. Then the disciples went back to their homes.

The reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοίότητα, χωρὶς ἁμαρτίας. Προσερχώμεθα οὖν μετὰ παρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικείται ἀσθενείαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us, with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also, Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest forever, after the order of Melchizedek."



Welcome to St. George Greek Orthodox Church

The Gospel According to Mark 8:34-38; 9:1

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἔλθειν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἀμαρτωλῶ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐσθηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

HYMNS OF THE DAY

Ἀναστάσιμ Ἀπολυτίκιον

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέωξας τῷ ληστῇ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Τῆς Ἑορτῆς

Σῶσον, Κύριε, τὸν λαόν σου, καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων, διὰ τοῦ Σταυροῦ σου πολίτευμα.

Apolytikion of St. George

Ὡς τῶν αἰχμαλώτων ελευθερωτῆς, καὶ τῶν πτωχῶν υπερασπιστῆς, ασθενοῦντων ἰατρός, βασιλέων υπέρμαχος, τροπαιοφόρε μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια,
Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια,
Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε.
Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον,
Ἐκ παντοίων με κινδύνων ἐλευθέρωσον,
Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

Resurrectional Apolytikion

You destroyed death by Your Cross, you opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

For the Feast

Save, O Lord, your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Apolytikion to St. George

Liberator of captives, defender of the Poor, physician of the sick and champion of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

Kontakion

O Champion General, I am your city now inscribe to you
Triumphant anthems as the tokens of my gratitude,
Being rescued from the terrors, O Theotokos.
Inasmuch as you have power unassailable,
From all kinds of perils free me, so that unto you
I may cry aloud: Rejoice, O unwedded Bride.



Welcome to St. George Greek Orthodox Church

Today in Church

2026 Parish Council: Brian Goodale, President; Lucy Brady, Vice President; Alexandra Casey, Treasurer. Sisoë Knapp, Assistant Treasurer, Maria Stamoulis, Balwant Kingra, Secretary; Toni Kananis, Edwin Premchan

USHERS

Sunday, March 15, 2026
Sunday, March 22, 2026

Brian Goodale
Toni Kananis, Arji Cakouros

Service Schedule

Sunday, March 15, 2026 Sunday of the Holy Cross *8:30am Orthros *9:30am Divine Liturgy

Tuesday, March 17, 2026 St. Patrick's Feastday *8:30am Orthros *9:30am Divine

Wednesday, March 18, 2026 6:00pm Presanctified Liturgy

Friday, March 20, 2026 5:30pm 4th Xairetismoï Salutations to the Virgin Mary

**Sunday, March 22, 2026 Sunday of St. John Climacus
*8:30am Orthros *9:30am Divine Liturgy**

Upcoming Events

Sunday, March 15, 2026 Sunday School *12:00pm Philoptochos Meeting

Monday, March 16, 2026 *6:00pm Level 3 Youth Online Greek School

Tuesday, March 17, 2026 *12:00pm Soup Kitchen
* 6:30pm Parish Council Meeting

Wednesday, March 18, 2026 *4:00pm Online Youth Greek School

Thursday, March, 19 2026 *4:45pm Greek School in Person

Saturday, March 21, 2026 *1:00pm GOYA Youth Lenten Retreat – St. Basil's Academy



A TRIUMPH FOR ST. GEORGE



Archdiocesan District 2026 Lenten Clergy Retreat March 9, 10, 11 2026





Contrition Vespers March 8, 2026





**Archdiocesan District 2026 Lenten Clergy Retreat
March 9, 10, 11 2026**





**Archdiocesan District 2026 Lenten Clergy Retreat
March 9, 10, 11 2026**



Welcome to St. George Greek Orthodox Church

THANK YOU

“Behold, how good and pleasant it is when brethren dwell together in unity.” Psalm 133:1

Dear Friends,

For five blessed days, St. George Greek Orthodox Church in Schenectady became the heart of our clergy’s brotherhood.

Our gathering began with the arrival of His Eminence Archbishop Elpidophoros of America and the celebration of the Contrition Vespers on March 8, 2026. It continued with our clergy retreat and culminated in a joyful Greek Independence Day celebration at the New York State Capitol with our Archbishop, Bishops, National and District Chancellors, and nearly sixty clergy, on Wednesday, March 11, 2026.

St. George reached a meaningful milestone in hosting His Eminence and the clergy of the Direct Archdiocesan District for four days of prayer, fellowship, and reflection. We also express our sincere gratitude to our honored speaker, the Rev. Fr. Paul A. Kaplanis.

A heartfelt thank you goes to our Parish Council, Philoptochos, parishioners, Presvytera Catherine, and all the volunteers who worked tirelessly for weeks to make this gathering possible. The feedback we received was overwhelming—many shared that the retreat was exceptional, and that the hospitality and spirit of our community were truly remarkable.

My heart personally leaps for joy at this accomplishment and I look forward to more great endeavors! May God grant many years to our venerable Archbishop with strength and wisdom in his ministry. Ζήτω η Ελλάδα!

May the Lord bless you all abundantly as we continue our journey through Great Lent.

“Let all that you do be done with love.” 1 Corinthians 16:14

Καλή Σαρακοστή. A Blessed Great Lent.

With gratitude,
Rev. Presbyter Neofitos Sarigiannis

Vicar of the Upstate Parishes

